



Women, Infants & Children Supplemental Nutrition Program



We are pleased to inform you that you may be eligible to participate in the WIC Program. Your first appointment includes a review of documents to determine eligibility, individual nutrition counseling, and orientation to the program. This appointment may last up to two (2) hours. If enrolled, you will receive your WIC Card and food benefits during this appointment.

Arrive 15 mins before your appointment in order to complete required paperwork.

To change the date/time call the WIC office at 1-800-781-4449, x3 or (805) 981-5251.

WOMAN, INFANT AND/OR CHILD TO BE ENROLLED MUST BE PRESENT.

REQUIRED DOCUMENTS: * For a migrant worker, homeless or disaster victim a signed declaration may be used.

- PERSONAL IDENTIFICATION (ID) OF THE PERSON(S) ENROLLING ON WIC** (*any of the following*): *
Medical Referral form, Immigration Card, Birth Certificate, Crib Card (*for infant only*), Social Security Card, Medi-Cal, Food Stamps/CalFresh, CalWorks/Cash Aid, Photo ID (Driver's License, School/Work ID, Passport), Immunization Record (*for infant or child only*)
- ADDRESS VERIFICATION** (*any of the following*): *
Recent mail or bill with your name and address, California Driver's License/ID card, Rent Receipt/Lease Agreement
- MEDI-CAL CARD or AID NOTIFICATION LETTER for CalFresh food benefits or Cash Aid/CalWORKS**
(If applicant has active benefits at enrollment, then further income verification, next item below, is not required).
- FAMILY INCOME VERIFICATION** (*all that apply*): *
Check Stubs (previous 30 days), Military Pay (LES), State Disability Insurance (SDI) Benefits, Alimony/Child Support, Unemployment (EDD) Benefits, Workman's Compensation Benefits, Student Financial Aid/Grants/Scholarships, Social Security (SSI) Benefits, Letter from Employer, Most Recent Income Tax Forms (*if self-employed*)
- FOSTER PARENTS AND LEGAL GUARDIANS:** Foster Placement Papers or Custody/Legal Guardianship Papers
- PROOF OF PREGNANCY** (if applicable)

Not Required at this appointment but helpful:

- Completed medical referral form from your doctor's office with the following information:**
Most recent Height/Weight measurements. Most recent blood test results for hemoglobin/hematocrit.

BEFORE YOUR APPOINTMENT:

1. Learn how to shop for WIC benefits now by watching videos on your mobile device or computer at <https://myfamily.wic.ca.gov/Home/Videos#Videos>. **Watch all 6 videos prior to your appointment.**
2. Download the free **California WIC App** to assist with shopping and keep track of appointments. You will be able to register on the App after you are enrolled at WIC.

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(1) Mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410

(2) fax: (202) 690-7442
(3) email: program.intake@usda.gov

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