



# Monthly Immunization Update

September 2022

Greetings Ventura County Schools and Partners,

This newsletter is meant to keep you updated on issues related to vaccines quickly and easily and maintain our connection with all of you. We welcome your questions and comments. Please feel free to share this newsletter with your colleagues. Thank you!

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Ventura County’s Immunization Program wanted to take this opportunity to welcome everyone back to school. We hope that you had a safe, relaxing summer. We recently hosted two Tdap vaccination clinics in collaboration with Anacapa Middle School and Frank Academy in the month of August.

A special “Thank you!” to the schools who got the word out to their students as well as the Oxnard School District & Ventura Unified School District. Because of your hard work, we were able to provide **145 FREE Tdap** vaccines for students throughout Ventura County!



With Flu season upon us, we also wanted to take this opportunity to let everyone know that we are in the process of planning our flu vaccination clinics. The dates for these clinics will be shared when they become

## Vaccines for Preteens and Teens

Doctors recommend shots to protect preteens and teens against diseases they may face sooner or later. Getting shots now will protect them for many years to come. In some cases, booster shots are

needed because protection from earlier shots fades over time.

Please visit the EZIZ website for more information, or click the direct link to the EZIZ website [here](#).

These resources are offered in English and Spanish, and include fact sheets, Q&A flyers, and additional resources that go over the required and recommended vaccines for preteens and teenagers.

## Flu Shots for Kids

The CDC recommends that all children (6 months of age and older) should get a flu vaccine every year.

Some children between 6 months and 8 years old need 2 doses of flu vaccine in order to be protected from flu. The 2 doses should be received at least 4 weeks apart. The child's healthcare provider can tell the parent if they need 2 doses. If a child needs 2 doses, begin the



process early as possible to make sure the child is protected *before* flu starts spreading in your community. For children who need a second dose, it usually takes about *2 weeks after the second vaccine dose* for the

child to be protected against flu. The first doses “primes” the child’s immune system. If a child doesn’t get both doses they might not be protected from flu. More information is linked [here](#).



## Clean and Disinfect Against Flu!

Cleaning and disinfecting are part of a broad approach to preventing infectious diseases in schools. To help slow the spread of influenza (flu), the first line of defense is getting vaccinated. Other measures include staying home when sick, covering coughs and sneezes, and washing hands often. Here is a [link](#) to tips on how to slow the spread of flu specifically through cleaning and disinfecting.

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We are on the web!

<https://vchca.org/immunization-program>

or follow us on



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