VENTURA COUNTY HEALTH CARE AGENCY

Healthcare Equity Advisory Council
Tuesday, June 21, 2022
Minutes

Community Voting Members Present:
Emily Bridges
Dr. Liz Diaz-Querol
Kimberly Kelley
Juliza Ramirez
Hugo Tapia
Juana Zaragoza

Voting Members Absent:
Audrey Ford
Kimberly Cofield

Guests:
Phin Xaypangna
Kate English

Administrative Voting Members Present:
Barry Zimmerman – Chair
Dr. Theresa Cho
Dr. Loretta Denering
Rigoberto Vargas
Kristina Swaim

Administrative Voting Members Absent:
Dr. Sevet Johnson
Dr. John Fankhauser

Staff Present:
Selfa Saucedo
Cynthia Salas

1. **CALL TO ORDER**

   The meeting was called to order at 5:34 p.m. by Chair Zimmerman

2. **ROLL CALL**

3. **APPROVAL OF MAY 17, 2022 MINUTES** Moved by K. Kelley, seconded by R. Vargas. Approved.

4. **ALL PUBLIC COMMENTS FOR AGENDIZED ITEMS & ITEMS NOT ON THE AGENDA**

   None.

5. **OVERVIEW OF THE HEALTH CARE AGENCY: Public Health** (Rigo Vargas, presentation attached)

   Community Health Needs Assessment will be finalized and available on the Health Matters in Ventura County Data Dashboard in 4-6 weeks. www.healthmattersinvc.org

   Health Equity Index: Can identify greatest need by zip code.

   The Real Cost Measure employs additional factors not included in federal definition of poverty.

   Ventura County ranked 9th healthiest county (12th last year) in the state.

6. **MEMBER COMMENTS**

   Look at healthiest county ratings to find best practices for promoting healthcare. “Blue Zone Communities” have healthy initiatives we can model.

   Survey responses included some housing information, although reporting related to homelessness or housing insecure status for youth may be limited.

Examine metrics and demographics of caregivers to understand caregiver bias. Have medical providers had bias training?

Mr. Vargas will look to see how disability status indicators are or can be included in the report.

Design future surveys to learn how biases affect outcomes.

Partner with educational institutions to address bias, develop cultural humility in the workforce.

How does this report/data inform policy and action?

- Public Health makes reports available to policymakers and stakeholders to highlight need. For example, a vaping trend among youth was identified, and the Board of Supervisors subsequently acted to ban flavored tobacco.
- Health data impacts program design. Hypertension, diabetes, mental health are the biggest issues. Ambulatory Care targets populations where these diseases are prevalent, and focuses efforts to address gaps in care (i.e., provide home blood pressure cuffs).
- Behavioral Health uses data to develop programs, prioritize projects and secure funding.

7. MEMBER EXPERIENCE

What are community members' experiences with healthcare?

- Disparate treatment at ER based on status/race
- Having to go to ER to get primary care/urgent cancer/pain care
- Disparate treatment based on social capital (who you know)
- Mistrust of medical systems, government and info, as well as cost, prompts many to travel to Mexico for care
- Language access: community members choose Clinicas because of language
- Need for programs that address healthcare literacy – meet community where they are
- Proactive/compassionate care and delivery for people with disabilities, whether visible or not and especially where intersecting with other historically disadvantaged communities
- Health literacy, for providers too
- Lack of communication or contradictory communication, i.e., seriousness of condition versus actions of staff
- Especially difficult for speakers of indigenous and other languages besides English/Spanish
- Prevention: Cost causes people to skip care or wait until crisis
- Disadvantaged people in affluent communities need access too
- Health navigation – reports of experiencing racism in the doctor's office
- Cultural responsiveness and humility training needs to be ongoing; outreach to jurisdictions on this is needed, not just outreach to community members
- Older adults: Existing services cannot be accessed because of waitlists, lack of resources
- Craft a Patient Bill of Rights for Ventura County
- Compassion fatigue—address well-being of staff
- Continuum of care from agency to agency. Need for ease of referrals, better navigation,

integrated systems

Staff Feedback

- Capitalize on other connection points with community, build on a one-stop model
- Canvassing is a beneficial tool

8. CALL FOR FUTURE AGENDA ITEM(S)

a. What do we want/need to focus on?

b. Next meeting July 19, 2022. Please let us know if you are able to attend

c. Phin Xaypangna will provide an update to Board of Supervisors on July 26 at 2:30 pm. Invitation to join for 15 min presentation (can also participate virtually)

d. Public Safety Racial Equity Advisory Group – focus on law enforcement, racial justice. Go to https://www.ventura.org/psreag/

9. ADJOURN

Meeting adjourned at 7:30 pm.

VENTURA COUNTY
COMMUNITY HEALTH
IMPROVEMENT COLLABORATIVE

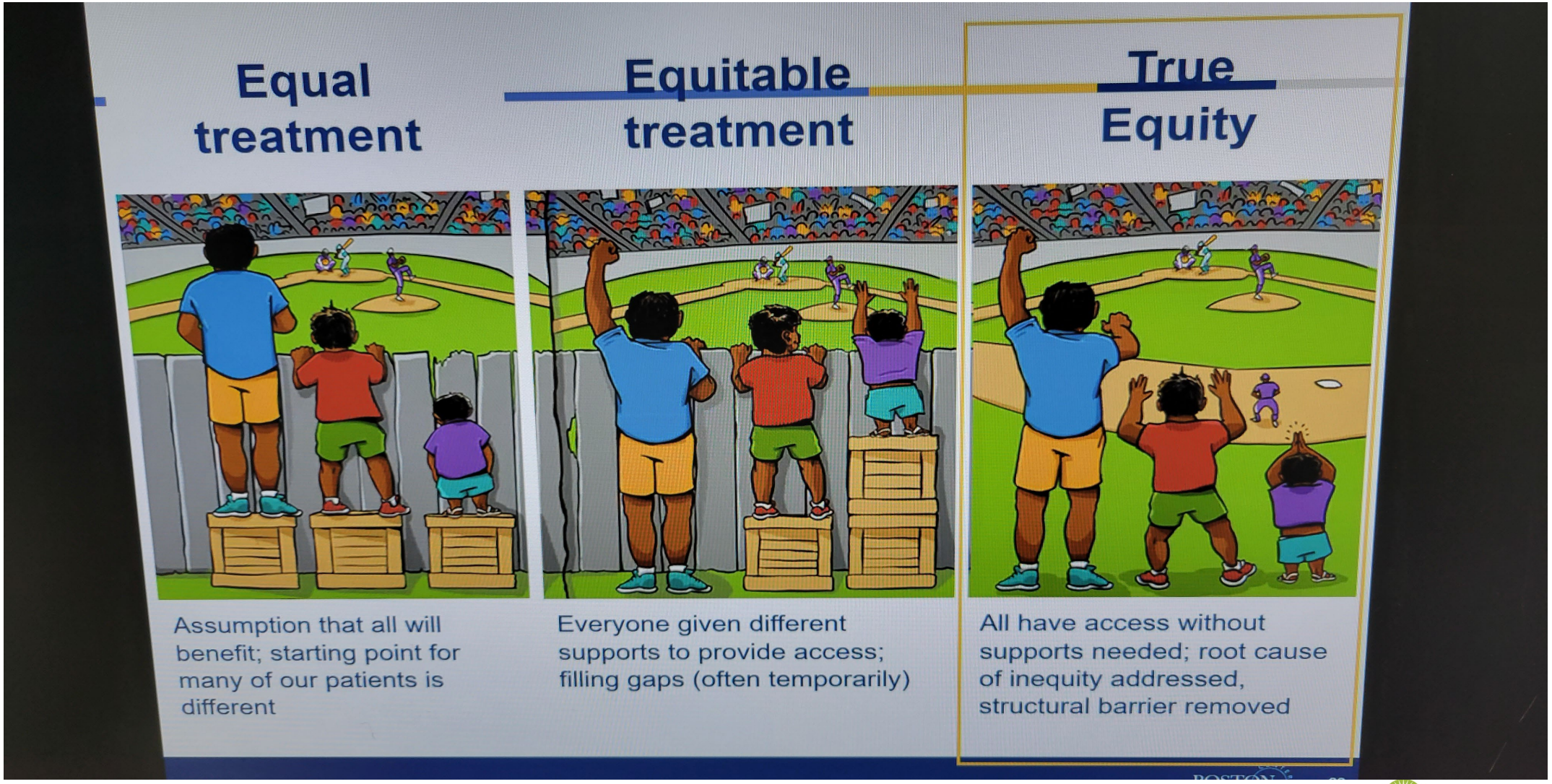
Public Health Overview and Community Health Assessment

VENTURA COUNTY
PUBLIC HEALTH

Presenter: Rigoberto Vargas, MPH, Director
Ventura County Public Health

6/21/2022

A Review of Health Equity



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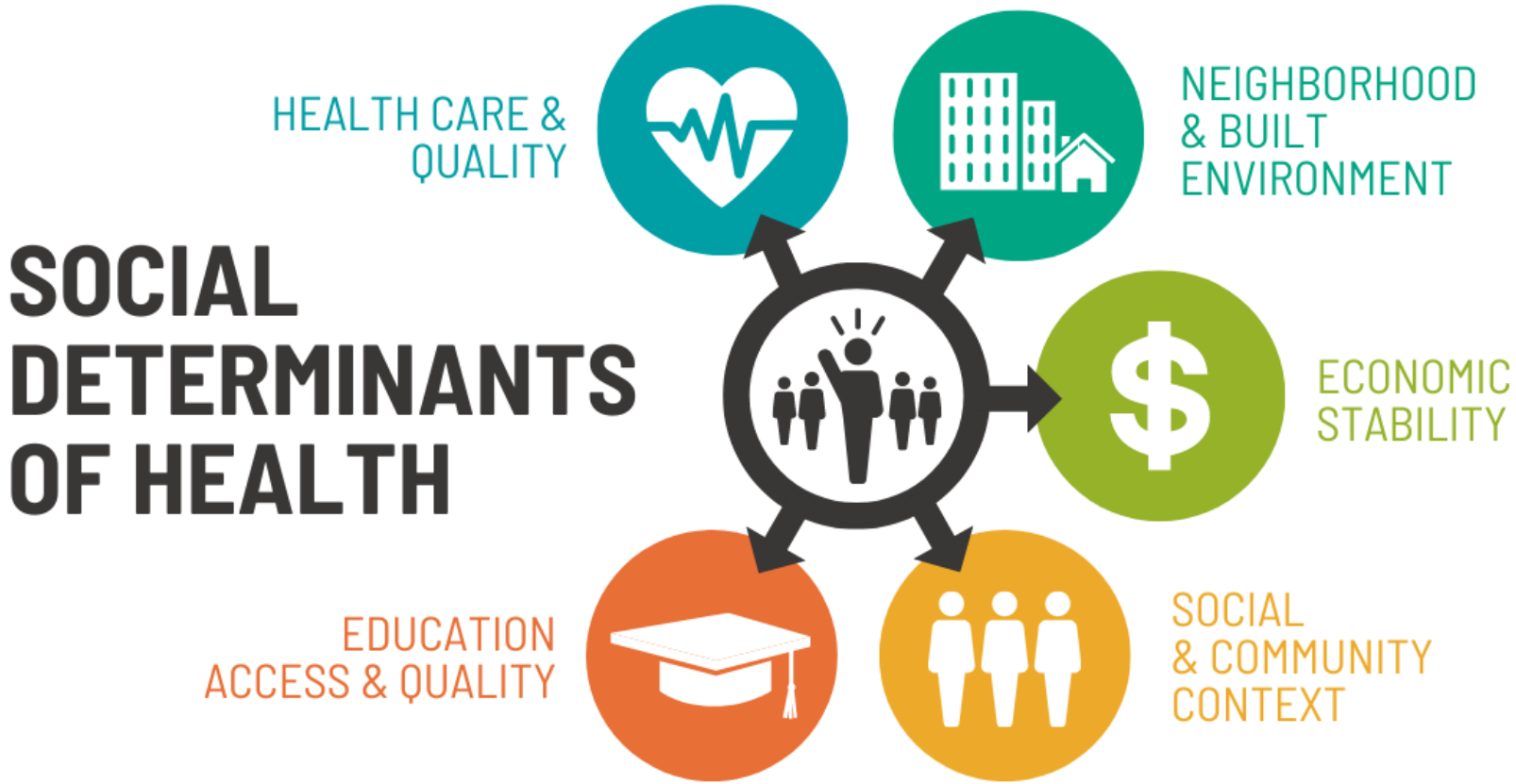
VENTURA COUNTY PUBLIC HEALTH

A Review of SDOH



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VENTURA COUNTY PUBLIC HEALTH

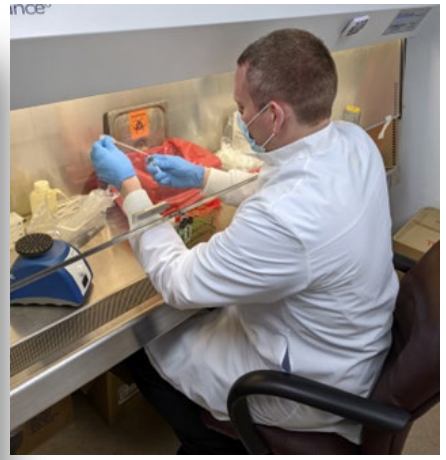
Public Health: our Mission, Vision and Initiatives

- **Mission:** To support environments that protect and promote the health and well-being of everyone in Ventura County.
- **Vision:** To be the healthiest county in the nation

- **Key Initiatives and Focus Areas**
  - Community Health Planning: Health Assessment and Community Health Improvement Collaborative
  - Healthiest County by 2030 Initiative: National County Health Rankings
  - Social Determinants of Health and Health Equity

Department Overview: Programs and Services from "A to W"

- AIDS/HIV Programs
- Adolescent Family Life Programs
- Birth/Death Registration (Vital Records)
- Children's Medical Services
- Communicable Disease Control
- Chronic Disease Prevention
- EMS and Emergency Preparedness Office
- Field Nursing Programs
- Immunization Programs
- Lead Prevention and Abatement
- Maternal, Child Adolescent Health
- PH Clinics, including TB Specialty Clinic
- PH Laboratory
- Women, Infant and Children (WIC)



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Ventura County Community Health Improvement Collaborative

AdventistHealth

Camarillo HEALTH CARE DISTRICT

CLINICAS del Camino Real, Incorporated

Community Memorial Health System
Where Excellence Begins with Caring

Dignity Health.
St. John's Regional Medical Center | St. John's Hospital Camarillo

TEN YEARS 10 Gold Coast Health Plan℠
A Public Entity

VENTURA COUNTY HEALTH CARE AGENCY

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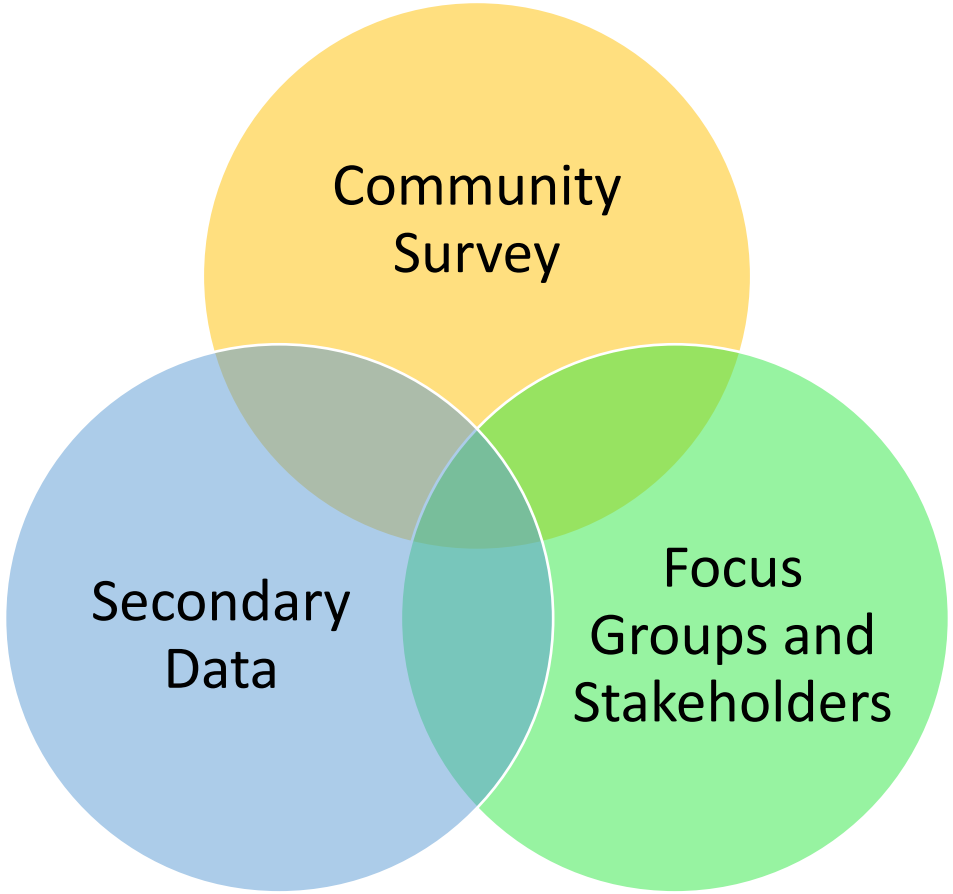
Community Health Assessment Process

Secondary Data Collected:

- American Community Survey
- CDPH
- California Healthy Kids Survey
- CDC
- Hospitalization Data
- And many more….



Primary Data Collected:

- Community Input Survey
- Focus Groups with Special Populations and Stakeholders
- Analysis of Vital Records Data

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Current Race/Ethnicity Demographics

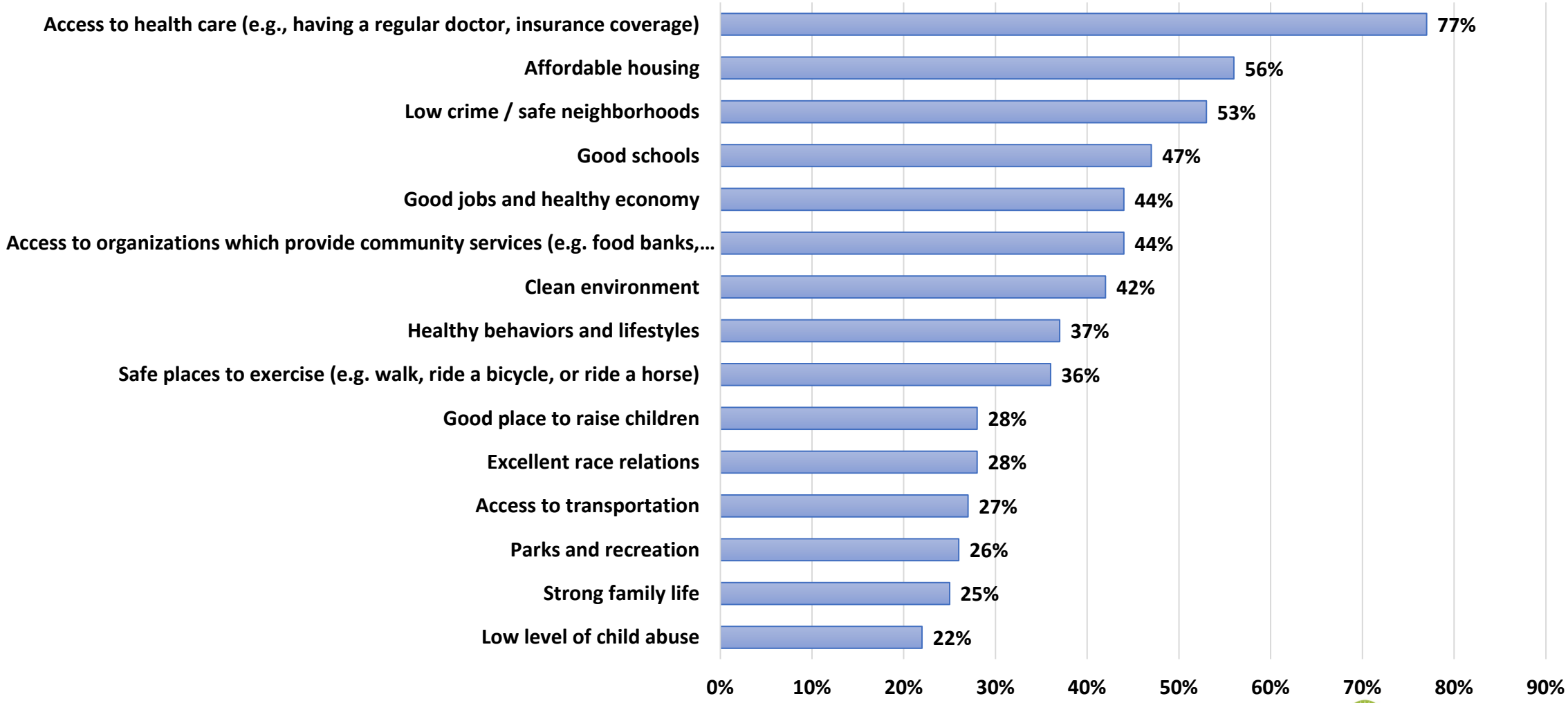
	Ventura County	California
Total Population	842,465	39,725,146
% Black/African American (NH)	1.8%	5.4%
% American Indian/Alaska Native (NH)	0.3%	0.4%
% Asian (NH)	7.4%	15.0%
% Native Hawaiian/Pacific Islander (NH)	0.2%	0.4%
% Population White (NH)	42.9%	36.4%
% 2+ races (NH)	2.6%	3.1%
% Some other race (NH)	0.2%	0.2%
% Population Latino/a	44.7%	40.5%

VENTURA COUNTY COMMUNITY HEALTH IMPROVEMENT COLLABORATIVE

Source: Claritas estimates, 2022 from healthmattersinvc.org.

VENTURA COUNTY PUBLIC HEALTH

What makes a Healthy Community?



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N-2,982; Source: 2022 Community Health Assessment Survey

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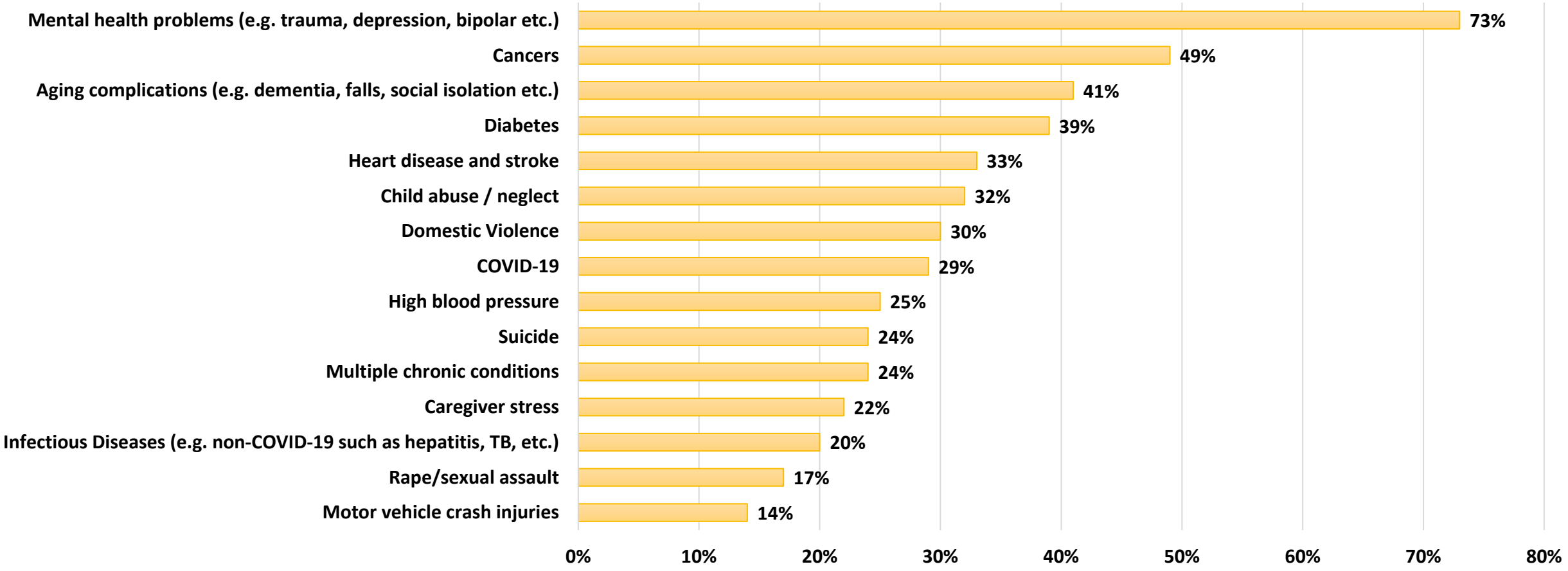
What are the most important health problems in our community?



VENTURA COUNTY COMMUNITY HEALTH IMPROVEMENT COLLABORATIVE

N=2,959; Source: 2022 Community Health Assessment Survey

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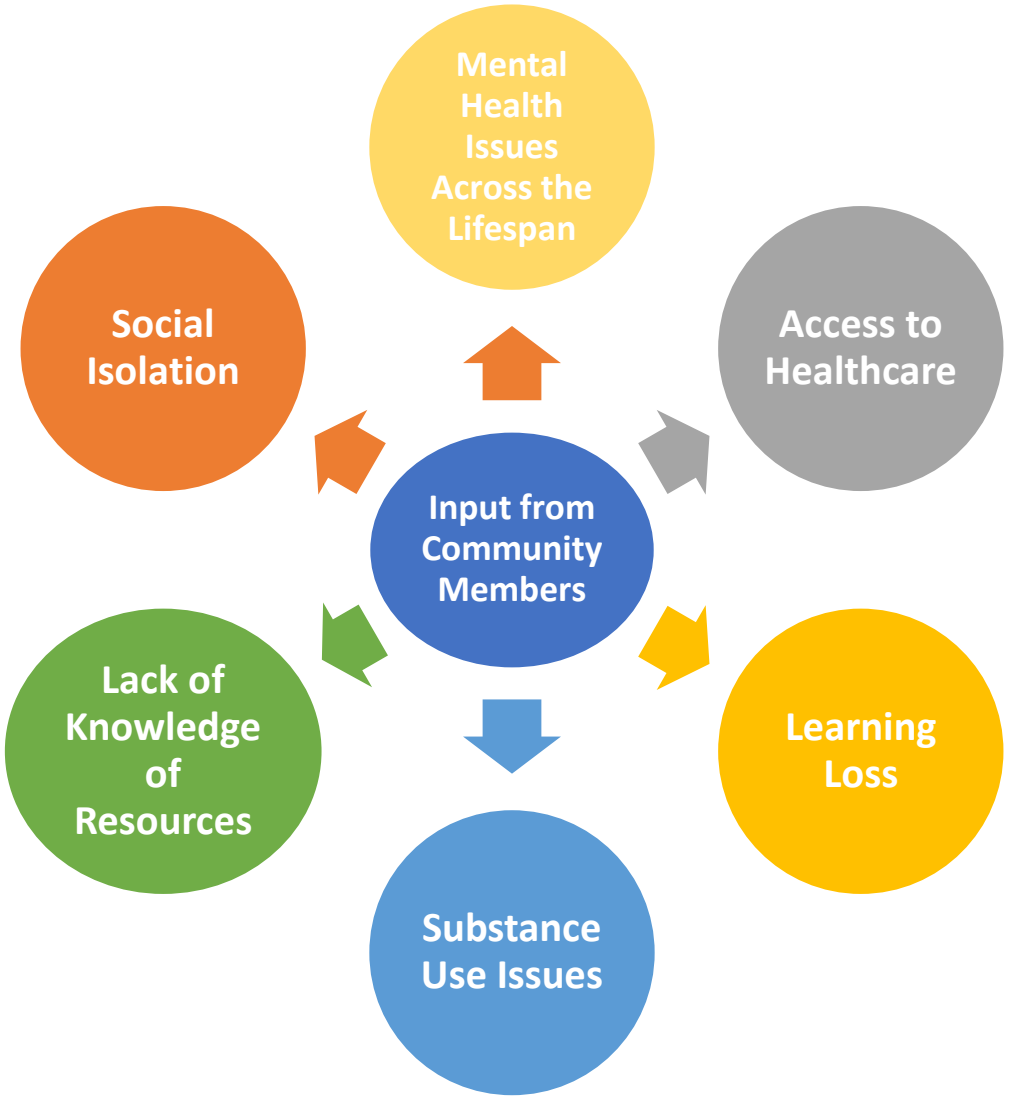
Key Themes from Focus Groups



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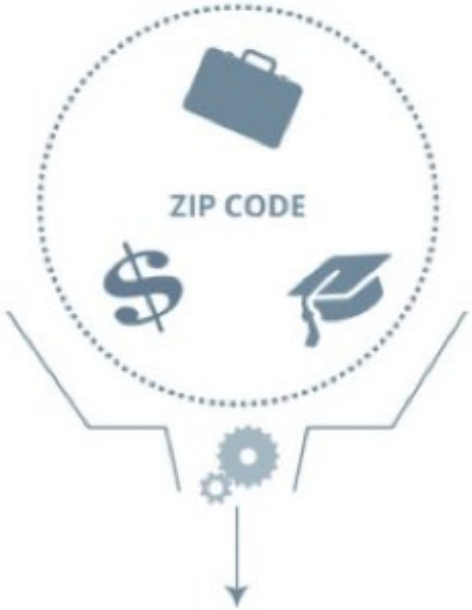
Health Equity Index –

Incorporates estimates for 6 ***social and economic determinants*** *of health that are associated with poor health outcomes.* ***Zip codes*** *with higher values are estimated to have* ***higher socioeconomic need****, which is correlated with* ***poorer health***

- Income
- Poverty
- Unemployment
- Occupation
- Education
- Language



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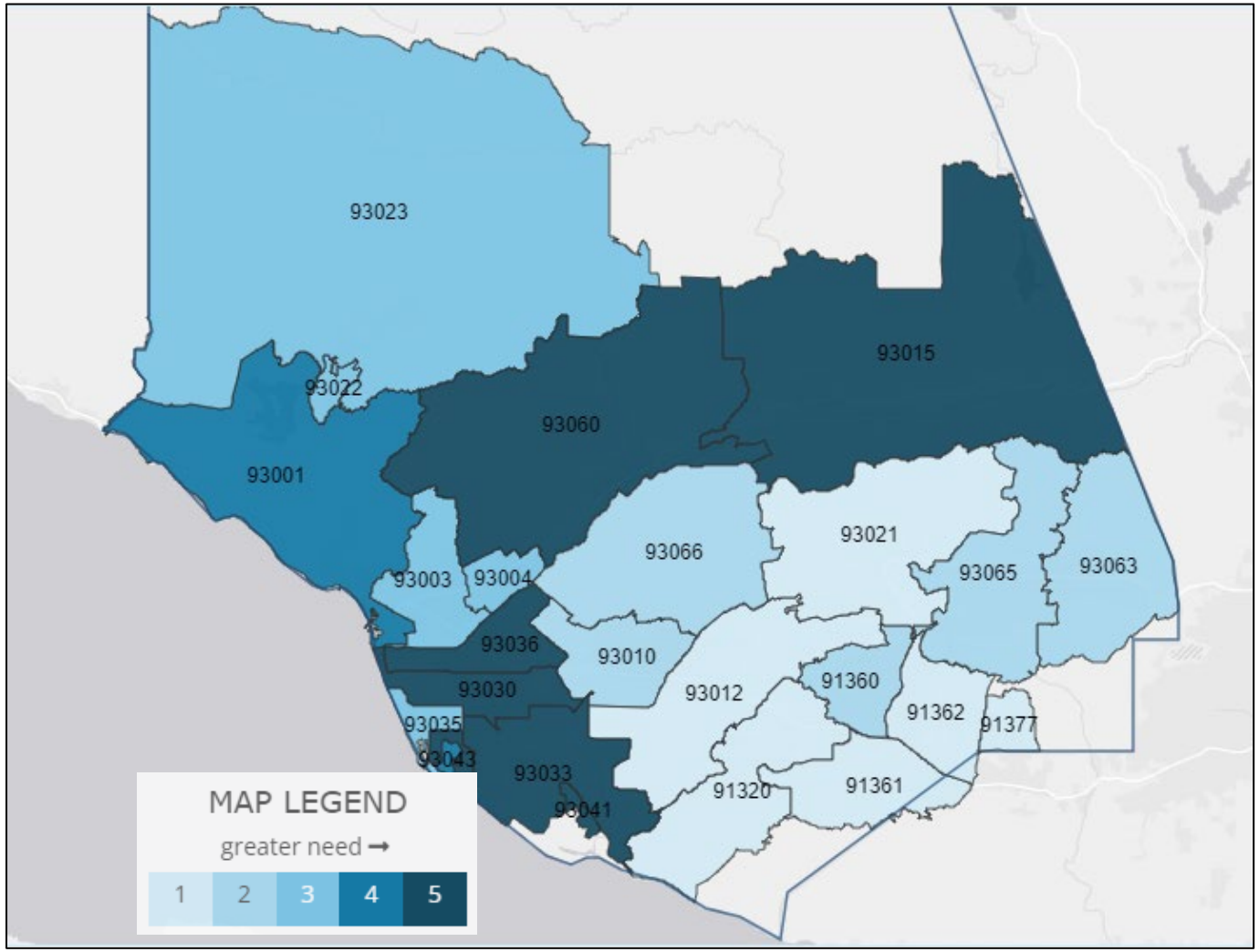
Place Matters

In high HEI zip codes, residents are expected to experience greater burdens related to preventable health issues

Zip Code	HEI Value	Rank
93033	94.7	5
93060	88.6	5
93030	85	5
93015	76.4	5
93036	70.4	5



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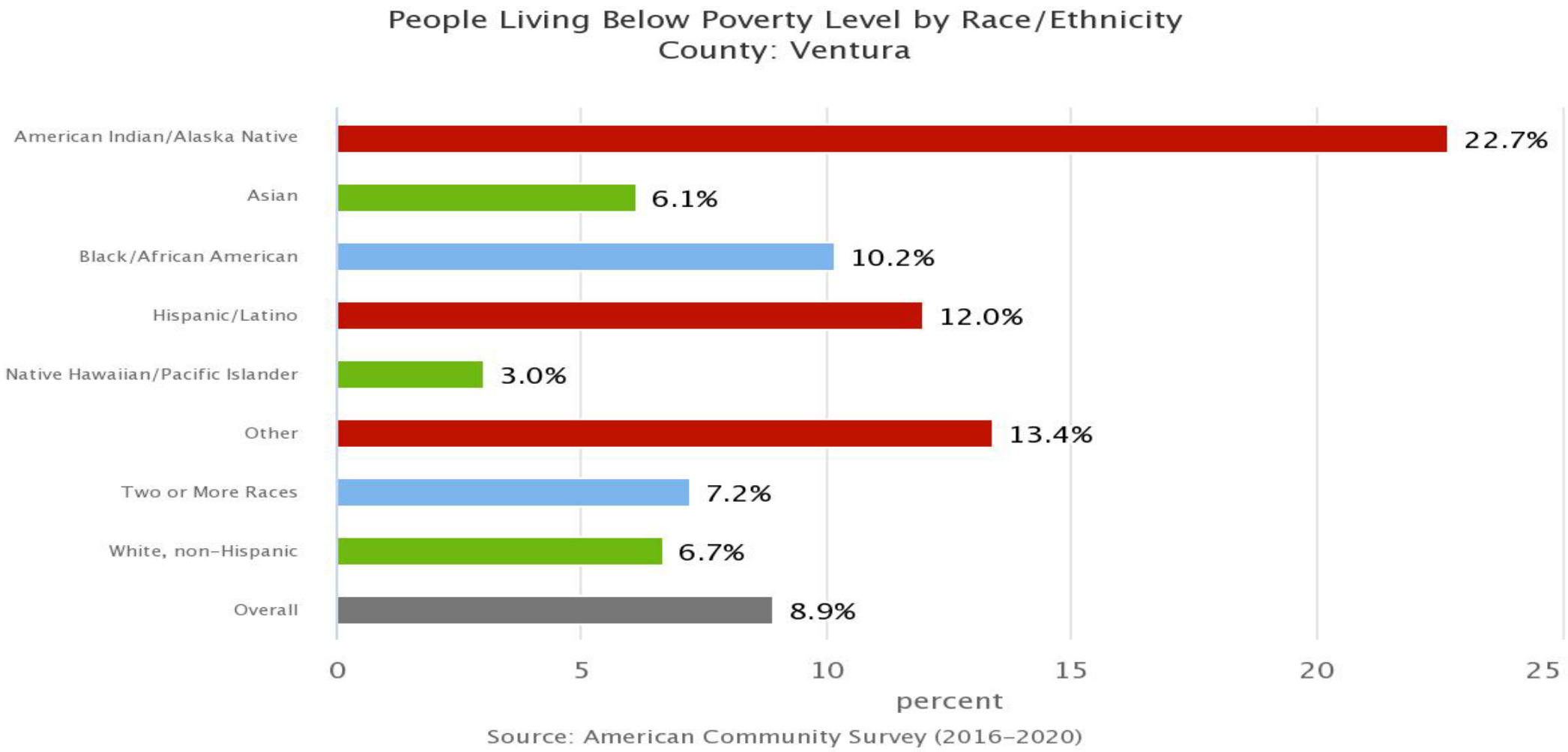
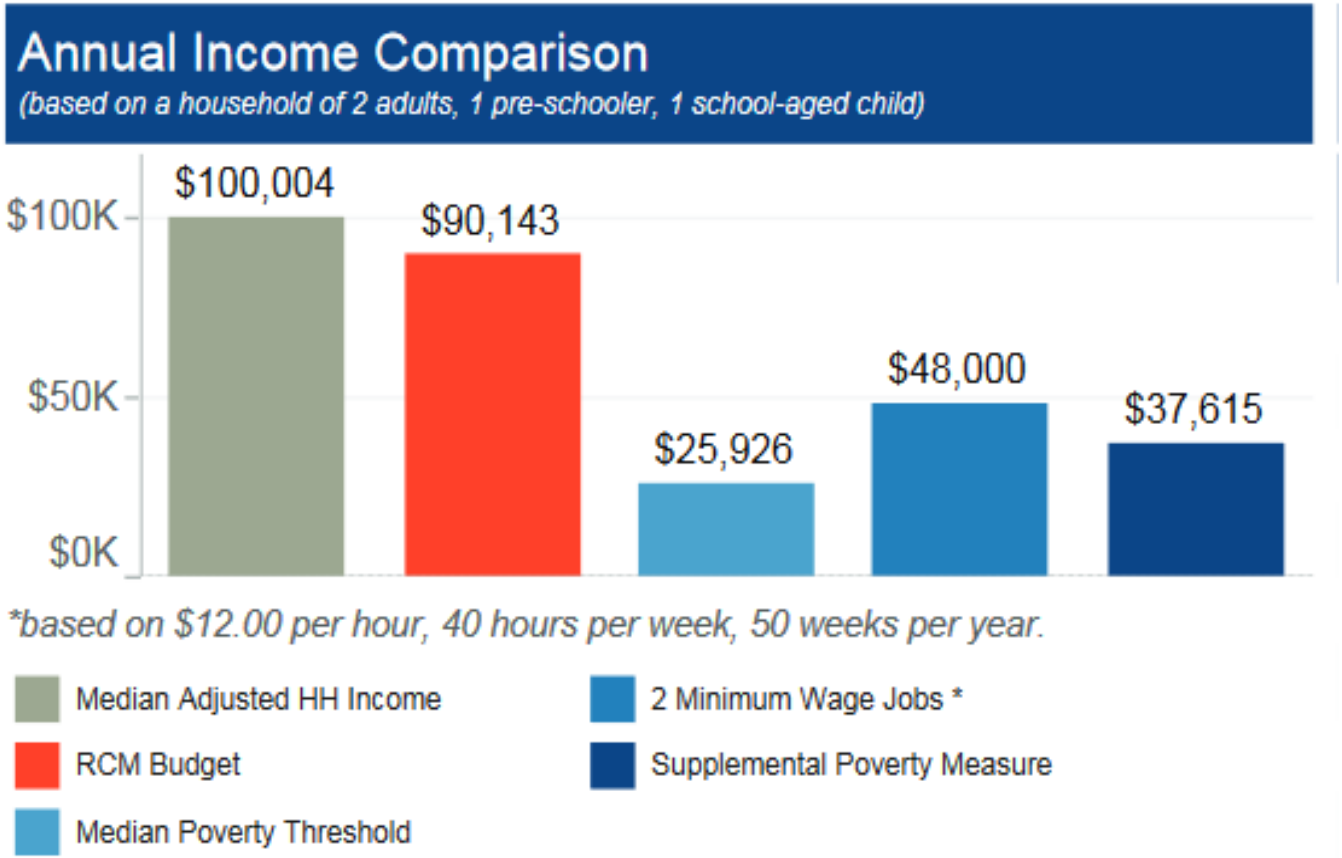
Poverty Status by Race/Ethnicity, 2020



Another Measure of Poverty: Real Cost Measure



Real Cost Measure (RCM) 2019:

- **26% of VC under RCM vs 9% FPL**
- **48% of Latino/as vs 15% of Whites**
- **70% for less than HS vs 11% for college degree or higher**

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Source: United Way Real Cost Measure, 2019.

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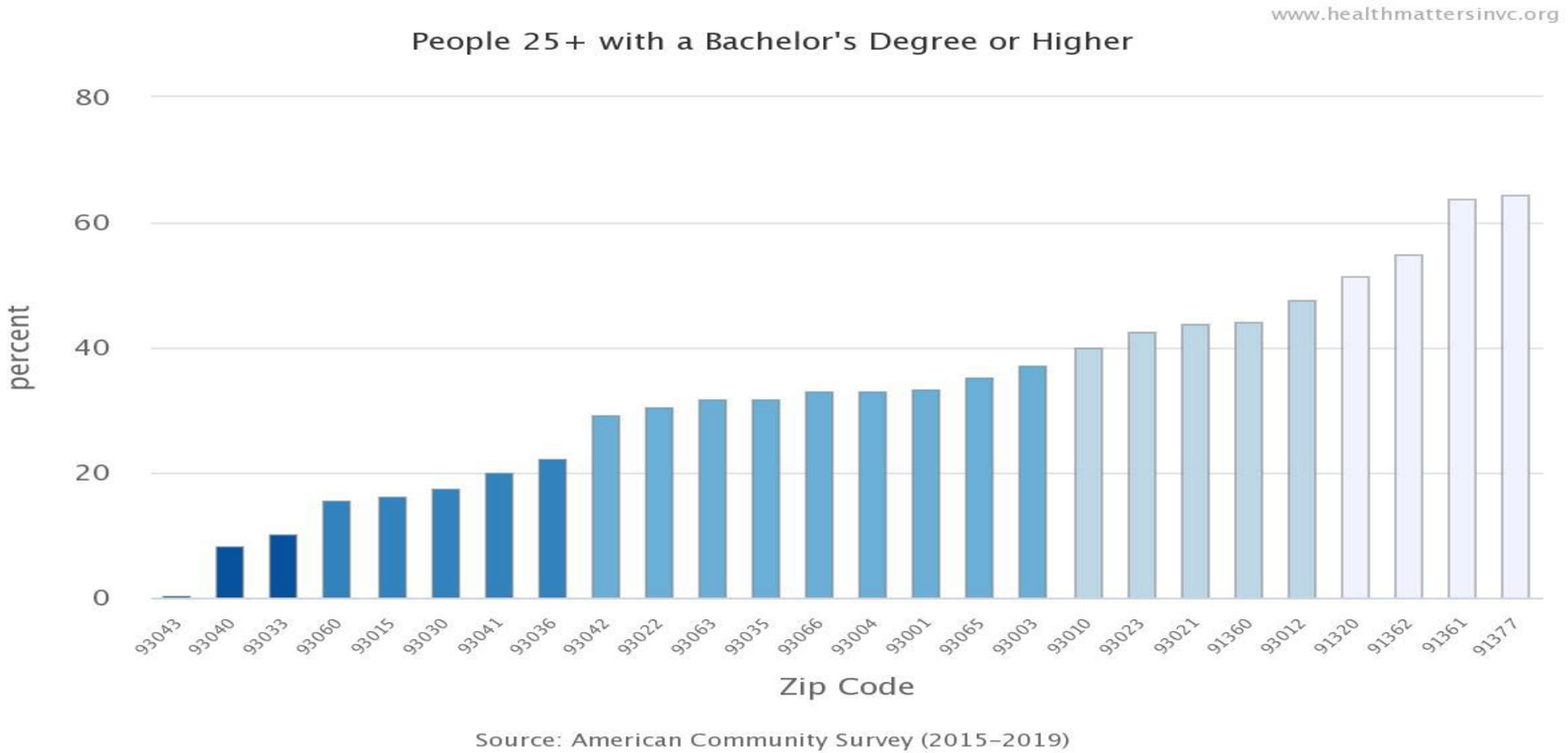
Higher Education by Zip



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Source: American Community Survey, 2015-19 and 2016-20.

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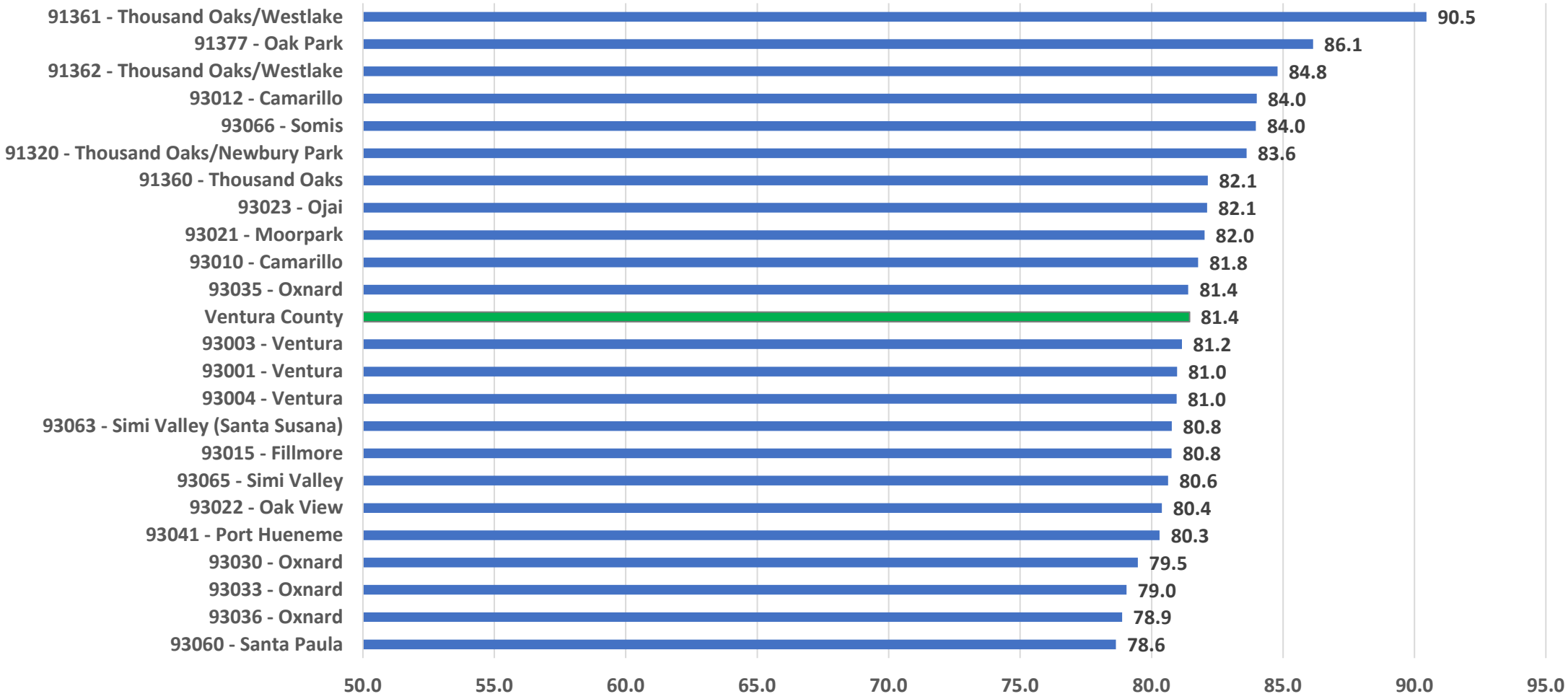
Life Expectancy by Zip Code, 2019-21



VENTURA COUNTY COMMUNITY HEALTH IMPROVEMENT COLLABORATIVE

Source: Analysis by VCPH Epidemiologist utilizing VRBIS, California Department of Finance Population Projections and Claritas Estimates, 2019-2021.

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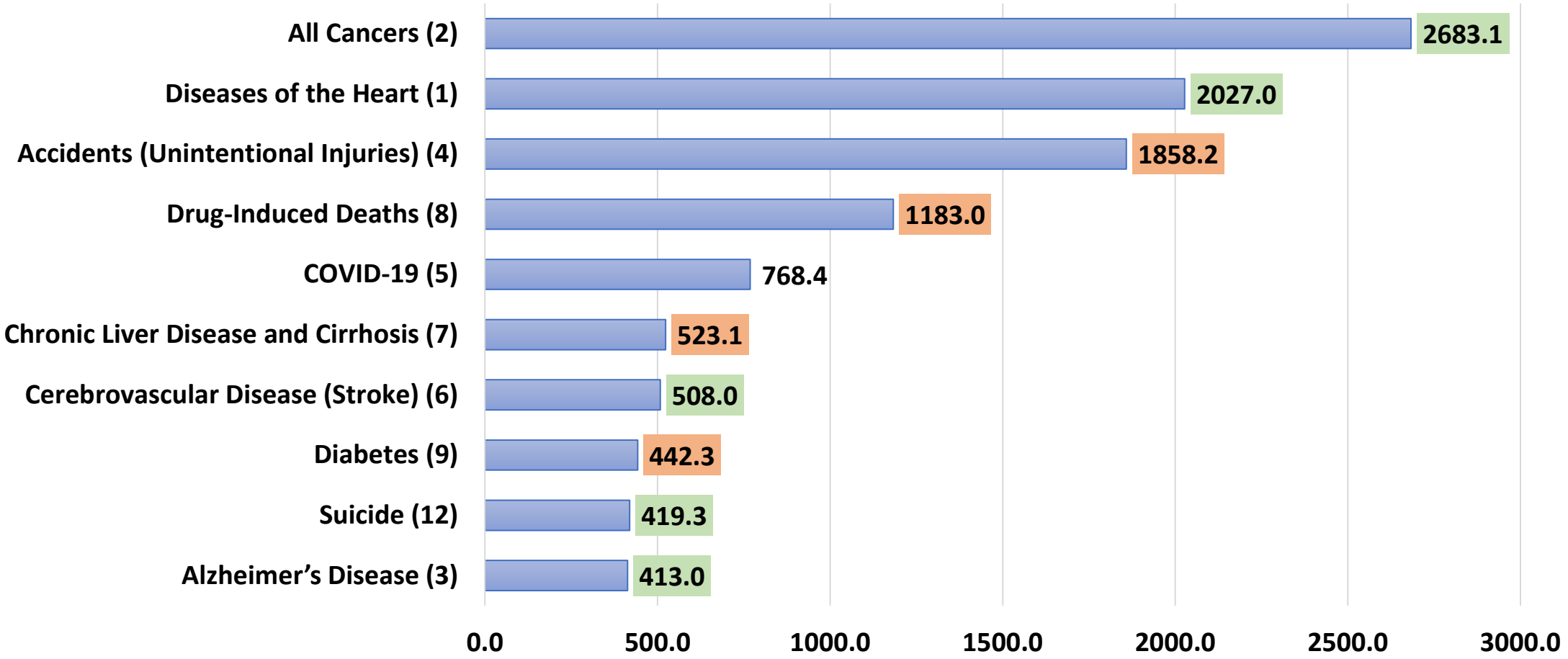
Age-Adjusted Years of Life Lost Rate per 100,000 population per year, 2019-21



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Source: Analysis by VCPH Epidemiologist utilizing VRBIS, California Department of Finance Population Projections and Claritas Estimates, 2019-2021.

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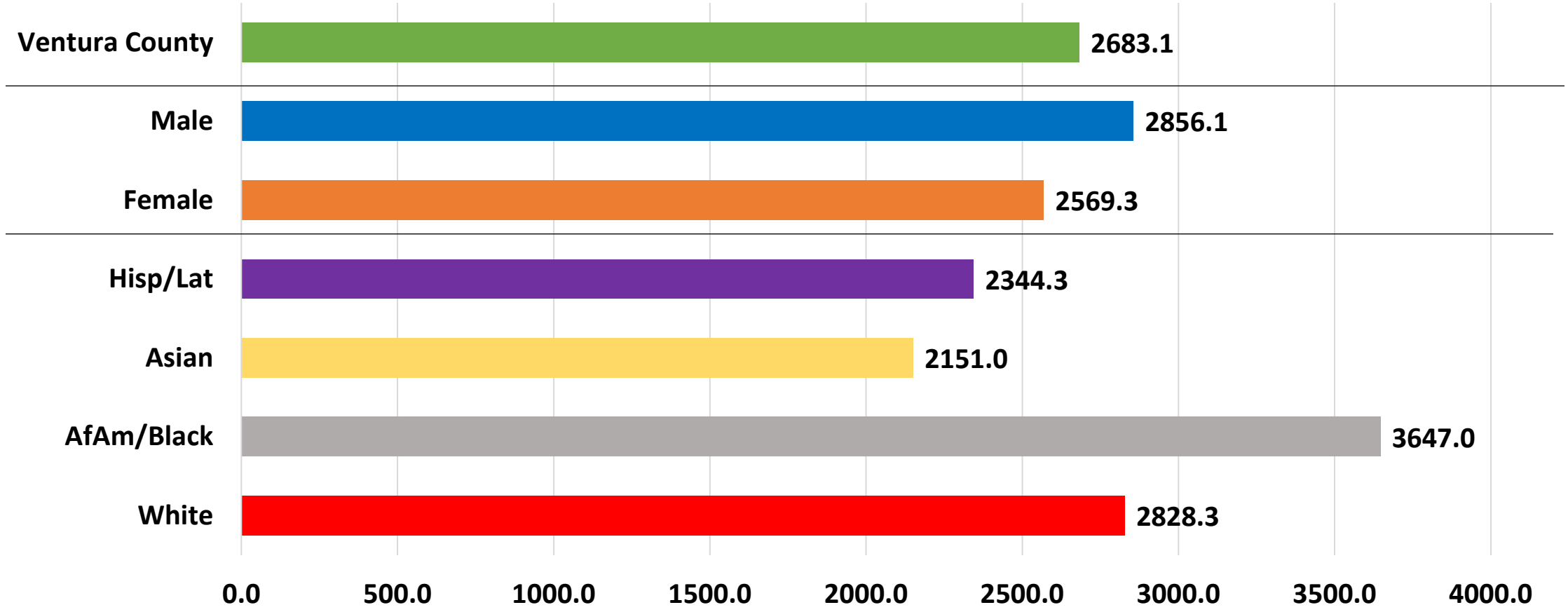
All Cancers: Age-Adjusted Years of Life Lost Rate per 100,000 population per year, 2019-2021



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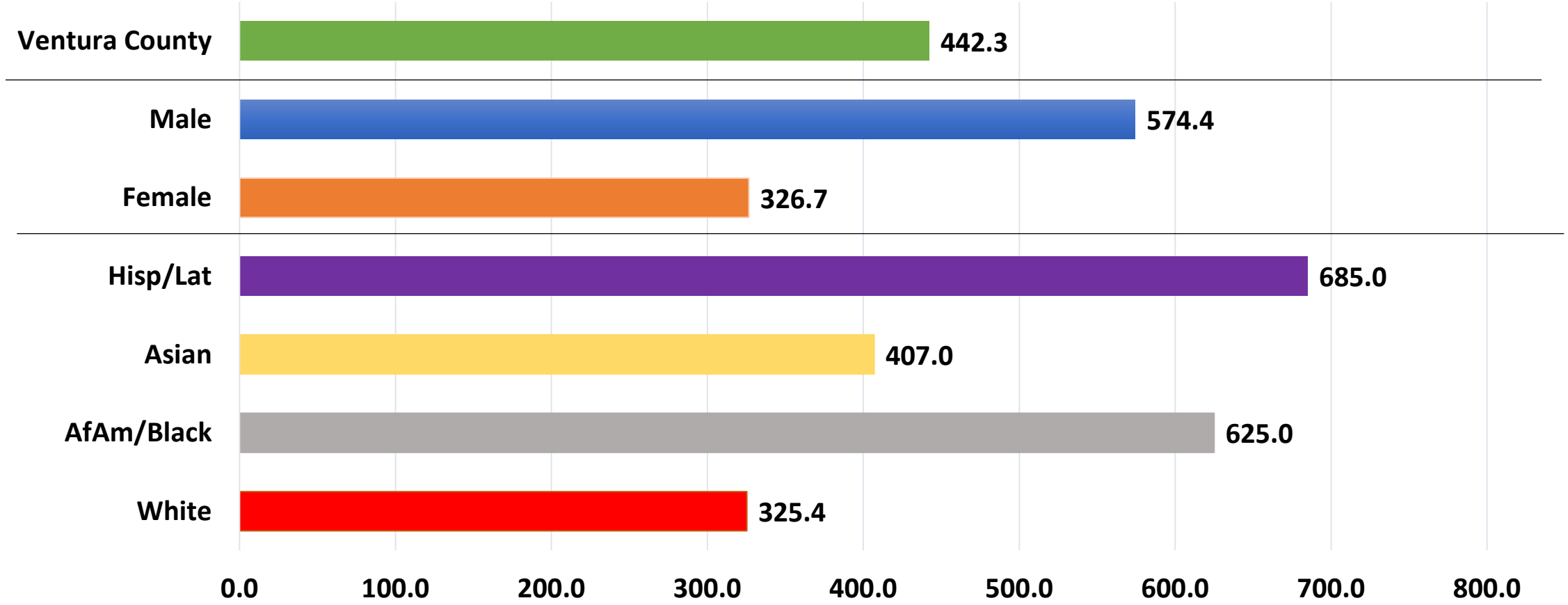
Source: Analysis by VCPH Epidemiologist utilizing VRBIS, California Department of Finance Population Projections and Claritas Estimates, 2019-2021.

VENTURA COUNTY PUBLIC HEALTH

Diabetes: Age-Adjusted Years of Life Lost Rate per 100,000 population per year, 2019-21



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Source: Analysis by VCPH Epidemiologist utilizing VRBIS, California Department of Finance Population Projections and Claritas Estimates, 2019-2021.

VENTURA COUNTY PUBLIC HEALTH

In Progress: Assessment Priority Areas

- **Addressing Mental Health and Substance Use Across the Lifespan**
  - Adverse Childhood Experiences
    - Substance Use
    - Education
    - Housing Overcrowding
  - Health and Wellness for Older Adults
- **Prevention of Chronic Conditions by Promoting Healthy Lifestyles**
  - Cancer
  - Diabetes
  - Heart Disease and Stroke
  - Nutrition and Healthy Eating
  - Physical Activity
- **Advancing Equitable Access to Healthcare**

Strategies to Advance **Health Equity**

- Improve the living conditions that are fundamental **determinants of health**
- Protect populations against preventable **disease**
- Support **programs, policies and initiatives** that promote health
- *Help Make the **Healthy Choice the Easy Choice*** where people live, work, learn and play

Possible Data Next Steps for HEAC

- Deeper analysis of the primary data collected
- Review healthcare utilization (ER and Hospital) data
- Review of prenatal care utilization from birth records
- Visit data dashboard: www.healthmattersinvc.org

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