

VENTURA COUNTY

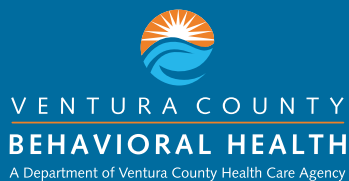
# ACCESS

SUBSTANCE USE  
TREATMENT SERVICES



RECOVERY FROM DRUG AND ALCOHOL PROBLEMS  
STARTS WITH A CALL

ACCESS LINE  
1-844-385-9200  
Toll-free • 24/7



SUPPORTING HEALTH • PREVENTING HARM

## Anyone can get addicted.

People from all backgrounds can experience addiction. Addiction doesn't care how old you are, how much money you make, or the color of your skin; it has no bias.

### IS IT AFFECTING DAILY LIFE?

When substances such as **pain medications, alcohol or other substances** are used so often that they have significant negative effects on your life, this is called a **substance use disorder**.\*

### Has substance use led to you or someone you know...

- Being out of work and couch surfing?
- Doing poorly in school?
- Crashing a car?
- Coping with mental health challenges by self-medicating?
- Risking losing custody of children?

## Help is available.

Ventura County Behavioral Health provides a **continuum of care** for substance use problems, with six locations and a wide range of treatment options for achieving and maintaining recovery.

### NO COST OR LOW COST

- Sliding scale depending on need
- Treatment services are free if under age 18
- Staff can assist with insurance eligibility, Covered California, Medi-Cal, and paperwork

## Treatment Services

Ventura County ACCESS staff will help determine which treatment options are needed.

- **Outpatient Services**  
Counseling and therapeutic strategies
- **Residential Treatment**  
Residential care for rehabilitation services in a non-institutional setting
- **Withdrawal Management (Detox)**  
Intake, observation, medication services and discharge services
- **Medication Assisted Treatment (MAT)**
- **Case Management**  
Assistance in accessing medical, social, educational, vocational or other community services
- **Recovery Services**  
Ongoing aftercare support
- **Specialized programs for women, youth, and people who are justice-involved**

If you or someone you know is struggling with addiction, call for a free, confidential assessment.

ACCESS LINE  
1-844-385-9200  
Toll-free • 24/7



Ventura County Behavioral Health treatment clinics and programs are licensed by the State Department of Health Care Services.

Learn more: [www.vcbh.org](http://www.vcbh.org)

\*Source: SAMHSA



# VENTURA COUNTY BEHAVIORAL HEALTH

A Department of Ventura County Health Care Agency



## MENTAL HEALTH & SUBSTANCE USE SERVICES

[www.VCBH.org](http://www.VCBH.org)

### Health, Recovery & Wellness

**BEHAVIORAL HEALTH** promotes mental health, resilience, and well-being, provides treatment for mental and substance use disorders, and supports those who experience and/or are in recovery from these conditions, along with their families and communities.\*

**THE VENTURA COUNTY BEHAVIORAL HEALTH DEPARTMENT (VCBH)** provides prevention, treatment, recovery, and wellness services, including mental health and substance use treatment services. We provide support for individuals and families who are in crisis; people considering suicide; and those struggling with mental illness, substance use, or both.



Toll free • 24/7

#### CRISIS & REFERRAL LINE

Call 1-866-998-2243

#### SUBSTANCE USE SERVICES ACCESS LINE

Call 1-844-385-9200

#### MORE INFORMATION & LOCATIONS

[www.VCBH.org](http://www.VCBH.org)



\*Source: SAMHSA

### Substance Use Services

Ventura County Behavioral Health provides a continuum of care for substance use problems, with six locations and a wide range of treatment options for achieving and maintaining recovery.

#### Treatment services offered are:

- Outpatient Services
- Residential Treatment
- Withdrawal Management (Detox)
- Medication Assisted Treatment (MAT)
- Case Management
- Recovery Services
- Specialized programs for women, youth, and people who are justice-involved

#### SUBSTANCE USE SERVICES ACCESS LINE

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#### Driving Under the Influence (DUI) Program

The Ventura County DUI Program offers a First Offender DUI Program and a Multiple Offender DUI Program for individuals convicted of driving under the influence. The programs consist of education sessions, and group and individual counseling. Programs are offered in Thousand Oaks, Simi Valley, Oxnard, Ventura, and Fillmore. [www.VCBH.org/DUI](http://www.VCBH.org/DUI)

#### Substance Use Services – Prevention

Prevention Services works upstream to reduce alcohol and drug-related problems in our community. We collaborate with schools, parent groups, government agencies, medical partners, law enforcement and community-based organizations. Learn more at [www.VenturaCountyLimits.org](http://www.VenturaCountyLimits.org).

### Mental Health Services

#### CRISIS & REFERRAL LINE

Call 1-866-998-2243

Toll free • 24/7

#### Crisis Services

The Crisis Team provides crisis intervention services for psychiatric emergencies and is available 24/7.

#### Adult Outpatient Services

Mental health services are provided to adults ages 18 and older. Comprehensive services include: psychological testing, individual and group therapy, medication support, treatment placement, rehabilitation, crisis intervention and case management.

Call 1-866-998-2243.

#### Adult Support Services

In addition to clinic-based services, community-based and in-home services are provided to support clients with mental health disorders.

- **Adult Residential Services:** (805) 981-9240
- **RISE/ASSIST Programs:** (805) 981-4233
- **Forensic Services:** (805) 477-5700

#### Inpatient Services

- **VCMC Hillmont Psychiatric Unit**  
(805) 652-6729
- **Adult Crisis Stabilization Unit**  
(805) 652-6757 (Option 8)

#### Youth Crisis Stabilization and Crisis Residential Programs

(805) 289-8000

#### Youth & Family Outpatient Services

Services are provided for children, adolescents, transitional age youth and their families. Comprehensive services include: individual, group and family therapy, intensive care coordination, medication support, treatment planning, crisis intervention, therapeutic behavioral services, wrap-around services, case management, and psychological testing. Services are offered at regional clinics and in the community.

Call 1-866-998-2243.

#### Youth Support Services

In addition to clinic-based options, specialized services are provided to justice and dependency involved youth and special education students at school, home and in a variety of community settings.

#### Mental Health Outreach Programs

Ventura County Behavioral Health provides prevention and early intervention services to individuals at risk of mental health challenges. To learn about our Mental Health outreach programs in the community visit [www.WellnessEveryDay.org](http://www.WellnessEveryDay.org).

#### Logrando Bienestar – Achieving Well-Being

Logrando Bienestar is a program of Ventura County Behavioral Health designed to help the Latino community understand the importance of mental and emotional health, with the goal to help individuals to access services for a productive and healthy lifestyle. The program services youth and adults in Santa Paula and areas of Oxnard. (805) 973-5220

Ventura County Behavioral Health treatment clinics and programs are licensed by the State Department of Health Care Services. Learn more at [www.vcbh.org](http://www.vcbh.org).