

BEHAVIORAL HEALTH ADVISORY BOARD
TRANSITIONAL AGE YOUTH (TAY) COMMITTEE
MINUTES ■ Thursday, April 27, 2017

<p><u>Board Members Present</u> Cmdr. Ron Nelson, Chair Kay Wilson-Bolton, BHAB Erin Locklear, Interface CiCi Romero, TAY Tunnel Jennifer Goble, TAY Tunnel Sagrario Gutierrez, CFS Sharon Espinoza, Department of Rehabilitation Jose Barron, USC Grad Student</p>	<p><u>VCBH Staff Present</u> Anna Flores, ADP Sevet Johnson, Transitions Manager Pam Roach, Transformational Liaison Hillary Carson, VCBH MHSA Greg Bergan, VCBH MHSA Debbie Conner, Management Assistant, VCBH Adult Division</p> <p>NEXT MEETING: Thursday, May 25, 2017, 10:30 – 12:00 p.m.</p> <p>Ventura County Behavioral Health 1911 Williams Drive, Training Room (first floor), Oxnard</p>
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Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	Call to Order Chair Cmdr. Ron Nelson called the meeting to order at 10:31 a.m.		
II.	Approval of the Agenda Cmdr. Nelson asked the Committee to review and approve today's agenda.	The agenda was approved as written. M/S/C	
III.	Approval of the Minutes Cmdr. Nelson asked the committee to review and approve the minutes of the March 23, 2017 meeting.	The minutes were approved as written. M/S/C	E. Locklear C. Romero
IV.	Welcome and Introductions Cmdr. Nelson welcomed everyone and asked for introductions.		
V.	Chair Announcements A group of BHAB members will do a site visit at the TAY Tunnel tomorrow, April 28 th . Cmdr. Nelson expressed appreciation for the opportunity to visit and learn about the operation. Cmdr. Nelson will report on the visit to Behavioral Health Advisory Board at the next General Meeting on Monday, May 15, 2017. Cmdr. Nelson introduced Maureen Hillhouse, from NYU's PCORI/BetaGov. Ms. Hillhouse's group is working on a few projects with the County and will be working with VCBH through a two-year grant from PCORI. Her group will be looking at the impact on individuals whose mental health issues intersect with criminal justice, and ways to help affected individuals break the cycle. Stakeholders have already had a few meetings. Cmdr. Nelson provided a reminder about the NAMI Walk - May 6 th in Ventura. NAMI's website states fund-raising goal is \$175,000. So far, they have raised \$92,000.		
VI.	Public Comments Hillary Carson - MHSA -Innovations had 2 comments: 1)Reminder about e-mail she sent to committee members asking for interested parties to contact her for a review of the spectrum of services for TAY. Ms. Carson announced that she will send out a follow-up e-mail tomorrow to ask about availability. She requested that members respond with contact information of		

	<p>consumers and anyone else who works with TAY that might be interested in coming to this one-time meeting to learn about services.</p> <p>Ms. Carson advised that interested parties may be asked if they would like to participate in future meetings. Providers will now be allowed to participate and will be provided with a non-bias review before the meeting.</p> <p>2) Ms. Carson relayed a story from a One Step worker, who could not be present at today's meeting, regarding a youth (diagnosed with schizophrenia) who has been a long-time VCBH client. The TAY-aged youth (who is also an undocumented immigrant) was arrested for sleeping on a park bench. The youth ended up at an ICE facility in Orange County, where he was eventually provided with his medication, and informed that he is to be deported. This case highlights issues of clients who fall through the cracks as they are transitioning from youth to TAY, the highly problematic situation and arduous process that is created because of the necessity of appropriate releases from multi-agencies, and the plight of individuals who were brought to the U.S. illegally as children and then face deportation to a place where they don't know anyone and may not have access to the mental health services they need.</p> <p>Cmdr. Nelson noted that Continuum of Care works to address the issue of individuals falling through the cracks through its use of a common form for the release of information from multiple providers.</p> <p>Jose Barron, former director of Center for Employment Training, gave information regarding the 805 Peace Rally, which is to be held Saturday, May 6, 2017 from 11:00 a.m. – 3:00 p.m. at 761 South C Street in Oxnard. Mr. Barron provided members with a registration form for 805 Peace Rally, a letter to Community Partners, and a business card. The event is free to the public and includes free items, food, and entertainment. Organizers are expecting at least 500 participants.</p> <p>Mr. Barron also informed the committee about the Masters in Social Work (MSW) project he is working on. He is working to create a conference with a two-person panel that consists of Frankie Guzman from National Center for Youth and Omar Zapata. They will be sharing best practices to serve youth.</p> <p>Mr. Barron is also working to create a list to provide to youth in facilities so that they are prepared to seek services when released.</p>		
<p>VII.</p>	<p>Presentation: One Step a la Vez – Kate English, Executive Director</p> <p>Ms. English expressed appreciation for all that everyone does and then discussed One Step a la Vez, their programs, and the clients they serve.</p> <p>One Step a la Vez is a Teen Center that serves youth aged 13 – 19 years old. One Step is located at the Methodist Church in Fillmore.</p> <p>Four parts to the Program:</p> <ol style="list-style-type: none"> 1) Resource Center: provides resources, mentoring, musical instruments, a kitchen (meals 2-3 times a week), computers, video games and more. It is a hang-out place for kids to come after school. Each day, approximately 20 -40 at-risk youth visit the center. These youths may be gang-related, involved with the criminal justice system, or otherwise troubled. Members come from Santa Paula, Piru, and Fillmore, which has some of the highest poverty levels, highest high school dropout rates, teen pregnancy rates, homelessness, etc. Membership begins with the school year, and the program serves about 120 youth each year. 2) Community Improvement: gives youth the opportunity to voice concerns and ideas they have about their community by forming committees to advocate for changes or programs they would like to see. Some examples are: a group that advocates for low-income housing, one that promotes “Know Your Rights” information, an environmental justice group that is working on bringing recycling bins to the downtown area and Fillmore High School, The Social Equality Club, which is an anti-bullying club at the high school, and a group that is working on improving public transit. 	<p>Contact Hillary Carson to sit in on discussions and collaboration regarding improving process for providing services.</p>	<p>Kate English</p>

Youth organizers get a stipend once a quarter when they keep grades up and do the required monthly outreach for their cause.

The center also provides food distribution twice a month (on the second and fourth Wednesday). This program serves 80 – 100 families.

- 3) Juvenile Justice: works with probation youth and youth in the juvenile facility to bridge back to the center when they get out. This is for youth from Fillmore and Piru. One Step recently received a contract from Probation to have an evening reporting center, which is for youth from Santa Paula, Fillmore, and Piru, who are mandated to report. Transportation is provided, and daily meals are to be provided as a powerful transformative time. Case management is also provided and referrals to other services such as TAY Tunnel are made. A big obstacle with this age group is transportation. An additional hurdle is going through the intake process of getting to STAR for an evaluation. Ms. English noted that it would facilitate the process if youth could walk directly into the Transitions Program for their initial assessment.
- 4) Network of support for parents and members of the community: provides resources and classes offered in Spanish, such as a domestic violence support group and resiliency class to learn techniques for handling stress, and an Aztec dance class. The center coordinates an agency round table once a month on the first Wednesday at 1:00 p.m. at the Human Services building. Here, agencies (such as the police, the school district, fire department, VCBH, and non-profits) meet to share what they are doing and to keep a pulse on what is happening in the area. This is part of VCBH and MHS-funded programming. Ms. English welcomed all to come and represent their agencies.

Ms. English invited questions. Sharon Espinosa asked if there was a connection with the Department of Rehabilitation, and was advised that DOR holds hours at the facility. Diana Cruz from DOR comes out about twice a month. Any youth who has ever had an IEP can be referred to the DOR, so this is a screening question that is always asked of incoming youth.

Jennifer Goble shared the idea of TAY Tunnel collaborating with One Step and discussing the challenges youth face with STAR intake process.

One Step will also be starting Teen MRT (Moral Reconciliation Therapy) that will count as ADP. The program takes 17-20 weeks, and even though it is self-paced, most youth would rather do the three meetings offered at HSA rather than this lengthy program. ERC participants will be mandated to this program, though they will get to decide whether they finish it or not. Individuals cannot be forced to participate if circles occur on days they are not mandated to be present.

Cmdr. Nelson reported that the Ventura Day Reporting Center does MRT for adults and it is quite successful.

Cmdr. Nelson asked how we can help with transportation issue and getting individuals to the services they need.

Ms. English asked if clients can go directly from RISE to Transitions and stated that being sent to STAR is an impediment to individuals who need immediate services. Anna Flores would like to give/get a tour to address this. Sevet Johnson advised that this is a great time to discuss these issues and gaps in services as changes are in process for Continuum of Care. She advised contacting Hillary Carson to sit in as a part of the discussion.

Once aged out of One Step, the individual can only come back as a volunteer or to the office to visit; no records are collected or kept for these

	<p>individuals.</p> <p>A support group for LGBT youth is held every Wednesday night from 7:00 – 8:30 p.m. This is a not clinical group, but rather a social/activities support group. Family Harmony comes out to facilitate this meeting once a month. They offer 10 free individual sessions to anyone who is interested.</p> <p>Kids have fear about deportation, so One Step is working to implement Safety Plans for members and families, and working with the schools to set up the plans.</p> <p>Ms. English welcomed any calls or visits about One Step a la Vez.</p>		
VIII.	<p>VCBH Transitions Update – Sevet Johnson</p> <p>A. Lip Synco de Mayo event on Friday, May 5th from 3:00 – 5:00 p.m. in the VCBH Training Room.</p> <p>B. A successful Spring Picnic was held two weeks ago at College Park.</p> <p>C. Plans are currently being made for a client recognition Summer Picnic which will take place in July or August.</p>		
IX.	<p>VCBH Alcohol & Drug Program Update – Anna Flores</p> <p>A. Two new clinic administrators have been hired and are in the process of on-boarding. There is a clinic in Fillmore.</p> <p>B. It is a challenge that clients are considered to be an adult the day they turn 18. TAY clients are defined as over 18 but under 25, which means that half of all adolescent clients are actually over the age of 18. These clients are the most difficult to work with because of their personal challenges, such as they are often parents, finishing school, and/or looking for employment. Their outcomes are better and relapse rates are also better if they are not with adults.</p> <p>C. Continue to have groups at the juvenile facility. Time of service from orientation to first group is seven days. There is no STAR process involved. Intake and assessment is done at each clinic.</p> <p>D. Vivitrol: a long-acting version of Narcan that sits in receptor sites and blocks opiates, so it reduces cravings. It’s an injectable medication that works for 30 days. In the fight against the opiate epidemic, it is a promising, new medication for people who don’t go to a residential treatment facility and are in environments that are full of triggers. Currently, working with Aegis for the medication, but if clients are at other sites, there is some staff available. It will be a covered benefit under Medi-Cal. Patrick Zarate, Alcohol and Drug Programs (ADP) Manager, purchased some, so while waiting for plan approval, there is some available to clients. It is prescribed only in conjunction with treatment. Cmdr. Nelson is working with ADP to start a Vivitrol program in jail for clients who are clean. An individual must be off opiate for 14 days before getting the Vivitrol injection.</p> <p>E. ADP also has Medical Detox available. The protocol for getting an individual to Tarzana for the treatment is simply to go to an ADP clinic in the county before 2:00 p.m. Tarzana sends transportation up for the client. Length of stay is dependent on individual circumstances. Individuals do not have to be clean or sober when coming for medical detox. Once the person comes to the clinic, they will not wait for more than one hour for the process to begin. http://venturacountylimits.org/ links to all brochures, DUI & ADP programs.</p>	<p>Deliver brochures to Kay Wilson-Bolton at 113 North Mills, Santa Paula</p>	<p>Anna Flores to send Fillmore ADP Manager</p>
X.	<p>Providers Update</p> <p>A. Erin Locklear from Interface shared that they have solidified 2 MOUs (Memorandum of Understanding) to shelter TAY youth (ages 18-21) females at Kingdom Center and males at another location in Oxnard. They will provide up to 21 days of shelter. Individuals may access this service by calling the Youth Outreach Line at 469-5882. The line is available 24/7. Callers may also dial 211 for information.</p>		

XI.	Committee Members' Comments/Activities A. Request made from Jennifer Goble based on Hillary Carson's public comment. Ms Goble suggested that, to provide efficiency, this committee could support Ms. Carson's efforts during this meeting. Cmdr. Nelson supported this idea and wanted to discuss gaps in services as a future agenda item. Ms. Johnson expressed concern that this might not be Ms. Carson's vision as she may have been working to create a focus group that involves TAY, including clients, parents, and other concerned participants.		
XII.	Items for Next Meeting Agenda The committee would like to discuss how to support Hillary Carson's efforts, how to bridge gaps in services, and how to engage with interested parties.		
XIII.	Adjourn		
	The meeting adjourned at 11:37 a.m.		