

BEHAVIORAL HEALTH ADVISORY BOARD
YOUTH & FAMILY COMMITTEE
MINUTES ■ Wednesday, January 10, 2018

<p>Present Denise Nielsen, Committee Chair Jerry Harris, BHAB Chair Gane Brooking, BHAB Martie Miles, Aspiranet Marika Collins, Casa Pacifica Kimberly Bennett, Casa Pacifica Ken McDermott, Children & Family Services Karina Garcia, Kids & Families Together Laurie Jordan, Rainbow Connection Regina Reed, SELPA Steven Graff, Ph.D., Tri-County Regional Center Lori Litel, United Parents Jordan Waverek, Vista del Mar Sheri Long, Vista Real Charter High School</p>	<p>VCBH Managers/Staff Present Lisa Acosta, M.D., Youth & Family Division Medical Director Dina Olivas, Youth & Family Division Senior Manager Hilary Carson, MHSA Gracie Lopez, Youth & Family Division Management Assistant</p> <p>NEXT MEETING: Wednesday, February 14, 2018, 10:00 a.m. – 12:00 pm</p> <p>Ventura County Behavioral Health 1911 Williams Drive, Training Room (first floor), Oxnard</p>
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Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	Call to Order Chair Nielsen called the meeting to order at 10:05 a.m.		
II.	Approval of the Agenda Ms. Nielsen asked the Committee to review and approve today's agenda. A motion was moved to approve the agenda. The motion passed unanimously.	The agenda was approved as written. M/S/C	
III.	Approval of the Minutes Ms. Nielsen asked the committee to review and approve the minutes of the November 8, 2017 meeting. Gane Brooking moved to approve, Lori Litel seconded. The motion passed unanimously.	The minutes were approved as written. M/S/C	
IV.	Welcome and Introductions Ms. Nielsen welcomed everyone and asked for introductions.		
V.	Chair Announcements Agency 101 will take place on January 24 in the afternoon at the Ventura County Office of Education. It is a wonderful resource fair.		
VI.	Public Comments None.		
VII.	Presentation: Ventura Early Intervention Prevention Services (VIPS) – Denise Pont, LMFT, Clinical Director Ms. Pont did not attend the meeting and did not send a representative. The presentation did not take place.	No presenter	
VIII.	VCBH Youth & Family Division Update – Dina Olivas for Pete Pringle, Division Chief A. Due to the Thomas Fire, VCBH was in emergency mode from December 4 th through the 23 rd . Over 475 clinicians and other staff were mobilized across the department and were deployed daily to all the shelters, town halls, and local area centers where disaster survivors were going for their basic needs. This was done in collaboration with many county agencies and contractors. This was in addition to the regular work at the clinics. During the week in December when schools in Ventura were trying to reopen, 18 VCBH clinicians were deployed in consultation with SELPA. VCBH has also outreached to Santa Paula, Fillmore and Ojai schools.	Information	

	<p>VCBH has met with Child Development Resource Center to design a response to Head Start children and families, and also their staff who have been impacted by the fire.</p> <p>B. Continuum of Care Reform (CCR) Meetings were suspended during the Thomas Fire. The Crisis Stabilization Unit (CSU) was seen as an option during the disaster, although it was not used as such. In answer to a question, Ms. Olivas noted that Vista Del Mar Psychiatric Hospital sustained the loss of some buildings. It hopes to reopen the buildings that are still standing, but this will take time and will involve Licensing.</p> <p>C. Crisis Stabilization Unit (CSU) and Comprehensive Assessment and Stabilization Services (COMPASS) Some staff no longer work at the CSU. This created the need to shift staff around as needed. The CSU has two beds but is licensed for four.</p> <p>D. At the end of December, the Insights Program had served 18 clients through the Juvenile Facilities in collaboration with various agencies. The program has a capacity of 30 clients.</p>		
<p>IX.</p>	<p>VCBH Youth & Family Division Medical Director's update – Dr. Acosta Dr. Acosta introduced herself. She has assumed the duties of the Youth & Family Division Medical Director. She has worked for VCBH for six years in East County. She will now see fewer patients as she focuses on the administrative side.</p> <p>A new psychiatrist started the day prior at the Conejo clinic. He will work 30 hours per week every other week.</p> <p>A couple of applicants are willing to relocate to this area. Dr. Acosta will meet with them over the next couple of months. Some local doctors and nurse practitioners are also interested in working for VCBH.</p>	<p>Information</p>	
<p>X.</p>	<p>Committee Participants Updates</p> <p>A. Parent Workgroup Update – Lori Litel, United Parents The Parent Partner Curriculum training took place in December. The first regional event for parents and caregiver stakeholder group, funded through Mental Health Services Oversight and Accountability Commission (MHSOAC), was attended by 80 parents. The second such event will take place in the Los Angeles area. United Parents has been invited to participate in the statewide Innovations Summit on February 2nd in San Francisco. At a collaborative meeting that was held in December, the state noted that a large amount of MHSA funds throughout California is not being spent or returned to the state.</p> <p>B. MHSA Update – Hilary Carson In addressing the MHSA unspent funds situation in some counties, Ms. Carson noted that funding fell short during the 2008-2009 recession. In subsequent years when funding returned to higher levels, the counties seem to have run out of time to spend money within the allotted time frames, and the state did not provide direction on how to spend funds that were subject to reversion. The state is investigating the issue further. Ventura County was not one of the counties with excess unspent funds. For further information, go to http://mhsoac.ca.gov/statewide-reporting-tools-and-reports</p> <p>VCBH is working on Innovations projects, two of them relevant to youth. They are going through the lengthy allocation process. On average, it takes between nine months and a year to write a project, get public input, and get approval from the BHAB, the Board of Supervisors and the state. The two Innovations projects relevant to youths and families are:</p>		

	<ol style="list-style-type: none"> 1. the use of push technology to follow up with youth upon their discharge from the Crisis Stabilization Unit; 2. Conocimiento: sharing of knowledge, a prevention program for youth in Santa Paula and Fillmore. <p>A committee is being set up to plan and organize the suicide prevention conference that will take place in September. Anyone interested in serving on the committee should contact Ms. Carson.</p>		
XI.	<p>Committee Members' and Participants' Comments, Activities, Updates</p> <p>A. Mr. Harris noted that on February 13th he will give a presentation to the Board of Supervisors regarding the BHAB Annual Report. One of the points he will make is on the county's critical shortage of inpatient beds for all age groups. The BHAB will discuss the feasibility of forming a workgroup to find solutions to this problem. The committee agreed that there is a shortage of psychiatric beds for youth in Ventura county.</p> <p>Mr. Harris also noted that on January 9th the Board of Supervisors approved the revised BHAB Bylaws. The committee chairs will now determine who can be a member of a committee and vote.</p> <p>At its November 20th General Meeting, the BHAB recognized Dr. Thurber for her work on behalf of children and youth.</p> <p>B. Ms. Brooking noted that the BHAB Executive Team met in a special meeting on December 18th to receive an update on VCBH's response to the Thomas Fire. During that meeting, it was noted that residents were "flocking": sharing information, phone numbers and supporting each other. Also, a number of homeless people were requesting services at the disaster shelters.</p> <p>C. Laurie Jordan noted that Rainbow Connection is helping young children so they may be prepared to participate in the Special Olympics when they get older.</p> <p>D. Ken McDermott highlighted the technology that during the Thomas Fire allowed the Human Services Agency to quickly pinpoint the location of foster children and assess their safety. He was impressed with the cooperation that occurred with the Red Cross and other agencies. Some group homes had to relocate according to their emergency plans in file.</p> <p>E. Regina Reed related the struggles that some schools face as a result of the Thomas Fire. The schools in Ojai are the hardest hit.</p> <p>F. Erin Locklear noted that some of Interface's clients were impacted by the Thomas Fire.</p>		
XII.	<p>Items for the Next Meeting Agenda</p> <p>Not discussed.</p>		
XII.	<p>Adjourn</p> <p>The meeting adjourned at 11:10 a.m.</p>		