Policy Title: Refusal of EMS Services

Policy: 603

APPROVED:
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I. PURPOSE: To define the policy and operating procedures for the approach to patients, or potential patients, at the scene of an EMS response who decline services

II. AUTHORITY: California Health and Safety Code, Division 2.5, sections 1797.204, 1797.206, 1798, and 1798.2, California Code of Regulations Title 22, Division 9, sections 100170(5) and 100128(4), California Welfare and Institution Code, sections 305,625, 5150 and 5170

III. DEFINITIONS:
Adult – person 18 years of age or older

ALS – advanced level EMS services as defined in the policies and procedures of the Ventura County Emergency Medical Services Agency (VCEMS) and the California Health and Safety Code, section 1797.52

AMA – when a patient with evidence of an emergency or acute medical condition, or who has required an ALS intervention, refuses transport or other indicated interventions. Patient must be an adult or emancipated minor, and have capacity as defined below, to decline service against medical advice.

BLS – basic level EMS services as defined in the policies and procedures of VCEMS and the California Health and Safety Code, section 1797.60

Capacity – a person’s ability to make an informed decision after consideration of the risks and benefits of such a decision. Capacity differs from competence, which is a legal definition that extends beyond the act of making specific medical decisions.

Declination of EMS Service – a contact at the scene of an EMS response who does not demonstrate any evidence of an injury or acute medical condition and is declining any and all EMS services. Example: ambulatory individuals at a minor traffic accident, bystanders at a structure fire.
Declination of transport and/or assessment – when a patient requests BLS level services but declines transport and/or assessment. These patients meet defined criteria for declining such services and lack any complaints or exam findings indicative of an emergent medical condition.

Dedicated decision maker – an individual who has been selected by or legally appointed to make medical decisions on behalf of the patient, including individuals with a power of attorney.

Emancipated minor – a person under 18 years of age who has been legally separated from their parents and lives independently, minors on military duty, married minors, minors who are pregnant and minors who parents.

Emergency Medical Condition – a medical condition that is acute or subacute in nature and requires immediate assessment. Emergency medical conditions typically carry the risk of sudden deterioration and possibly death. These conditions may be readily apparent or suspected based on the reported signs and symptoms, mechanism of injury, or medical history.

Incident: Any response involving any Ventura County pre-hospital personnel to any event in which there is an actual victim, or the potential for a victim

Minor – person under 18 years of age.

Patient Contact: Any encounter involving Ventura County pre-hospital personnel with any person consenting, either implied or informed, to assessment and/or treatment.

Power of attorney – the authority to act for another person in specified legal, medical or financial matters.

IV. POLICY:
A. Adults and emancipated minors with decision-making capacity have the right to dictate the scope of their medical care. EMS has an obligation to offer service.
B. For unaccompanied minors, refer to VCEMS Policy 618.
C. All potential patients at the scene of an EMS response shall be offered evaluation and treatment. Transportation is an essential component of EMS care and should be encouraged.
D. Providing care establishes a therapeutic relationship and the expectations therein.
E. Not all EMS patients require ALS care and/or transport.
F. Patients declining care and/or transport should be counseled thoroughly about the pertinent risks of declining such interventions and all discussions should be documented thoroughly.
G. If there is any concern, the BLS providers shall request an ALS provider.
H. BLS providers with concern for an emergency medical condition shall request an ALS provider for an ALS level assessment.
I. Only adults and emancipated minors may decline services if they meet the criteria for refusal. Persons who refuse care must demonstrate capacity and be free of
impairment due to drugs and/or alcohol. Parents of minors and the dedicated decision makers for adults who lack capacity can decline services for others if they themselves meet the criteria for refusal.

J. Criteria for refusal:
1. Alert, oriented (x4) person, place, time, and purpose/situation.
2. Able to demonstrate capacity by participating in a discussion of the risks of refusal. Must adequately acknowledge risks of declining the relevant services.
3. Free of impairment due to drugs or alcohol.
4. No evidence of suicidality, homicidally, grave disability, or other acute psychiatric condition that may require a 5150.

K. Provider agencies may require additional documentation over and above the minimum requirements outlined in this policy.

V. PROCEDURE:
A. Cancellation
1. No ePCR is required if:
   a. Cancelled enroute prior to arrival
   b. Cancelled by another agency upon arrival at the scene of the incident
   c. Cancelled after arrival and no patient contact as defined in Section III

B. Declination of EMS Services
1. Those individuals contacted at an EMS response who have no medical complaints or evidence of an emergency medical condition may decline service. Services will still be offered, and encouraged. An ePCR with a no treatment disposition shall be completed.

C. Declination of Transport and/or Assessment
1. Patients with minor injuries or illness, or those in need of strictly BLS interventions, shall be evaluated and treated per protocol.
2. Transport must be offered and encouraged.
3. Adults and emancipated minors may decline transport and/or assessment if all of the following criteria are met:
   a. Alert, oriented (x4) person, place, time, and purpose/situation.
   b. Able to demonstrate capacity by participating in a discussion of the risks and benefits of declining additional service. Must adequately acknowledge risks of declining.
   c. Free of impairment due to drugs or alcohol.
   d. No evidence of suicidality, homicidally, grave disability, or other acute psychiatric condition that may require a 5150.
   e. No need for ALS level intervention.
   f. No criteria for ALS assessment and base hospital contact as defined by VCEMS policy 704.
4. Adults and emancipated minors may be released if ALL of the following criteria are met:
   a. Alert, oriented (x4) person, place, time, and purpose/situation.
b. Able to demonstrate capacity by participating in a discussion of the risks and benefits of declining additional service. Must adequately acknowledge risks of declining.
c. Free of impairment due to drugs or alcohol.
d. No evidence of suicidality, homicidally, grave disability, or other acute psychiatric condition that may require a 5150.

5. Minors and those lacking capacity may be released from care if a parent or dedicated decision maker is present and meets criteria listed above.


7. Discuss the risks of declining and document the discussion in your narrative.

D. AMA

1. Patient has evidence of an emergency medical condition, required an ALS intervention, or has a complaint and/or condition as described in VCEMS policy 704.

2. Attempt to convince the patient to consent to care and/or transport.

3. Engage patient in a discussion detailing the risks of declining additional services.

4. Contact base hospital for further assistance and/or to document AMA.

5. Direct communication between the MICN and/or base hospital physician and patient is encouraged.

6. Adults and emancipated minors may be released by ALS providers after base hospital contact if the appropriate criteria are met:
   a. Alert, oriented (x4) person, place, time, and purpose/situation.
   b. Able to demonstrate capacity by participating in a discussion of the risks and benefits of refusal. Must adequately acknowledge risks of refusal.
   c. Free of impairment due to drugs or alcohol.
   d. No evidence of suicidality, homicidally, grave disability, or other acute psychiatric condition that may require a 5150.

7. These are high-risk contacts for patients, providers, and EMS agencies. Therefore, they must be completed in a thorough and thoughtful manner. This includes detailed documentation of the history, exam, and all pertinent discussions.

8. Have patient and witness complete relevant AMA documentation.

9. If patient does not meet criteria outlined above, or AMA is discouraged by the base hospital, Law enforcement and/or Crisis Team may be requested to the scene and efforts to convince the patient to agree to transport should be continued.