



May 2016

CHDP Highlights

Ventura County Public Health Child Health and Disability Prevention Program

Let WIC help you support breastfeeding

With rates of breastfeeding being consistently lowest among low-income women, the provision of additional support for breastfeeding mothers is especially important in the WIC program. WIC's existing peer counseling program has proven to be effective...

– [The Surgeon General's Call to Action to Support Breastfeeding, 2012](#)

The Ventura County Women, Infants, and Children (WIC) program continues to promote breastfeeding as the best choice for infant feeding by offering WIC clients breastfeeding classes and access to lactation counselors before and after delivery. All WIC staff are trained on baby behavior, in order to help parents understand and respond appropriately to infant sleep, crying, and cues. 3 of the 8 local WIC sites have a Peer Counselor Breastfeeding Program, which provides evidence-based peer support and access to an International Board Certified Lactation Consultant (IBCLC).



Amy Avelar, Certified Lactation Counselor and Breastfeeding Liaison for WIC, is available to meet with providers and staff to discuss resources that may best support your office. She can present information to individuals or groups according to your preference. Contact Amy by email at Amy.Avelar@ventura.org.

Let the WIC Program help you support breastfeeding with the following resources:

- **Client handouts** on breastfeeding and baby behavior in English and Spanish (other languages may be available)
- **Posters** to promote breastfeeding and understanding baby behavior
- **Links** to protocols on breastfeeding management for physicians
- **Guidance** on obtaining quality electric breast pumps covered by private health insurance and Medi-Cal
- **Guidance** on accessing electric breast pumps, in depth breastfeeding assessments and other services for WIC clients
- **Community and outpatient care guidelines:** [9 Steps to Breastfeeding Friendly](#)

We look forward to working together to increase breastfeeding success among women and babies in Ventura County.



New features on CHDP website

Visit [Ventura County CHDP](http://www.vchdp.org/) at <http://www.vchdp.org/> for these new resources:

- [Breastfeeding Resources for CHDP](#)
- [VC-PACT](#)

SAVE THE DATES! CHDP Noontime Training Calendar

May 20	June 15	July
<i>Audiometric Screening Workshop</i>	<i>Immunization Update</i>	<i>Dark — no training Enjoy your summer break!</i>



Ventura County CCS launches pediatric palliative care waiver program

In January 2016, California Children’s Services (CCS) initiated the [Partners for Children](#) (PFC) program in Ventura County, allowing children with life-limiting or life-threatening conditions to receive concurrent curative and palliative care without electing to receive hospice care. Ventura County residents under the age of 21 years with a qualifying CCS-eligible medical condition and full-scope Medi-Cal may be eligible for the waiver.

Partners for Children is based on the principle that if curative treatment is provided along with palliative care, there can be an effective continuum of care throughout the course of the medical condition. The program’s objective is to reduce medical crises, minimize the use of institutions, especially hospitals, and improve the quality of life for the participant and family unit (siblings, parent/legal guardian, and others living in the residence). Enrollment in the program does not require consideration of life expectancy.

Partners for Children benefits include community-level care coordination, expressive therapies, pain and symptom management, family counseling, and respite. Services are provided in the home or the local community through a DHCS-approved PFC provider. Art, music, massage and/or play therapy give the child and family an opportunity to help externalize feelings through creative mediums that help the child and his or her family members express their feelings, create positive experiences and improve communication.

Anyone may refer a child to the Partners for Children program. The child’s appropriate CCS-approved physician must sign a PFC referral form to complete the referral process. The designated Ventura County PFC team reviews each referral for PFC eligibility criteria. Once eligibility is determined and the child/family indicates the desire to participate, the team enrolls the child in the program. The team refers the family to the PFC provider who will assess palliative care goals and create the Family-Centered Action Plan and initiate the program benefits according to the Action Plan. Learn more at: <http://www.dhcs.ca.gov/services/ppc/Pages/default.aspx>.

Ventura County CCS Partners for Children Case Management Team:

Nelson Quitoriano, CCS PFC Nurse Liaison	805-981-5224
Ana Navarro, CCS PFC Support Staff	805-981-5232



CCDC/Thomas Roebuck

Medi-Cal Expansion

- 1 *Low-income children under age 19 may now be covered by full-scope Medi-Cal, regardless of immigration status.*
- 2 *Encourage families to enroll children NOW.*
- 3 *Information shared is strictly confidential.*
- 4 *Full-scope Medi-Cal gives access to FREE or low-cost preventive health services.*
- 5 *Families may enroll children through Human Services 888-472-4463 or a local clinic.*

Have questions or looking for health coverage?

Contact [Health Care for All](#) at 805-981-5212 for more information.

Please print and post attached flyers for your patients/families.

Congratulations to oral health champions!



CHDP/Laura Ribustomo

The CHDP Oral Health Program is pleased to announce the following awards for 2016:

CHDP Oral Health and Fluoride Varnish Provider of the Year:
Vincent Pinedo, MD, Las Islas Family Medical Group

CHDP Oral Health and Fluoride Varnish Clinic of the Year:
Sierra Vista Family Medical Clinic

Many congratulations to recipients of individual Oral Health Awards:

Adriana Acevedo Moorpark Family Medical Clinic	Maria Martinez Sierra Vista Family Medical Clinic
Ana R. Gonzalez Las Islas Family Medical Group	Maria Melgarejo Victor Lin, MD
Clara Gonzales Sam Hansuvadha, MD	Maria Vanessa Rodriguez Minh Bui, MD
Daysi Navarro Santa Paula West Medical Group	Nitza J. Ortega Vasquez CDCR Ocean View
Ge Jin South Oxnard Public Health Clinic	Patty Lopez Las Posas Family Medical Group
Gisela Vasquez Magnolia Family Medical Center	Penny Vitela CDCR Simi Valley East
Joanne Myers North Oxnard Public Health Clinic	Soyla Alvarez VCMC Academic Family Medicine
Karrie Latimer Gurjit Marwah, MD	Yessica Calix CDCR Newbury Park





Public Health Nurses assist children in foster care

The Health Care Program for Children in Foster Care (HCPCFC) is a public health nursing program managed by CHDP and located within the child welfare services agencies and probation departments. **HCPCFC Public Health Nurses** provide expertise in medical and community resources and help foster care families obtain preventive services and treatment for children in their care in the following ways:

- PROVIDE** consultation to social workers and probation officers
- ASSIST** foster parents to establish a medical and dental home, access well child care, and connect with other health services
- COORDINATE** medical, dental, developmental and behavioral care
- WORK** with health providers to gather information about the medical, dental and mental health status of foster children, and document this information in the Health and Education Passport (HEP), an important document which travels with the child from placement to placement and helps provide the substitute care provider with information about the child’s health needs
- WORK** with the foster parent and the provider to obtain exams within the specified time limits

For assistance with issues related to children in foster care please contact:

Veronica Ruiz, PHN (bilingual Spanish)	(805) 654-5536	Veronica.Ruiz@ventura.org
Sandra Ring, PHN	(805) 240-2783	Sandra.Ring@ventura.org
Amen Ogiamien, PHN	(805) 385-8598	Amen.Ogiamien@ventura.org
Mary Leu Pappas, PHN	(805) 981-5292	Maryleu.Pappas@ventura.org

Per state regulations, children in foster care need a well child exam and dental exam within 30 days of initial placement, and annually after that (more frequent well child exams for children under age two, dental exams starting at age one). Statistically, children in foster care have more health concerns than children not in foster care. Because of this risk, CHDP allows for more frequent exams.

Have concerns about lead in drinking water?

News about lead contamination in tap water in Michigan has increased public concerns about levels of lead in drinking water. Measures taken during the last three decades including federal restrictions in the amount of lead allowed in pipes have greatly reduced exposure to lead from water. Even so, lead can still find its way into the water supply. Learn more from the following:

Internet Resources

- [Basic Information about Lead in Drinking Water](https://www.epa.gov/your-drinking-water/basic-information-about-lead-drinking-water)
Available at: <https://www.epa.gov/your-drinking-water/basic-information-about-lead-drinking-water>
- Food and Drug Administration [FDA Safety of Bottled Water Beverages](http://www.fda.gov/Food/ResourcesForYou/Consumers/ucm046894.htm) (English and Spanish)
Available at: <http://www.fda.gov/Food/ResourcesForYou/Consumers/ucm046894.htm>
- [Residential Water Treatment Devices](http://www.waterboards.ca.gov/drinking_water/certlic/device/watertreatmentdevices.shtml) (English and Spanish)
Available at: http://www.waterboards.ca.gov/drinking_water/certlic/device/watertreatmentdevices.shtml

Community Agencies

- Contact your local community water utility for a copy of its annual water quality report.
- If your water comes from a household well or other private water supply, check with the Ventura County Environmental Health [Drinking Water Program](http://www.ventura.org/rma/envhealth/community-services/drinking-water/) available at: <http://www.ventura.org/rma/envhealth/community-services/drinking-water/>.

A blood test for lead is the best way to determine whether an individual has been exposed to lead. The results do not indicate the source of the exposure. For more information on testing children for lead, visit Ventura County [Childhood Lead Poisoning Prevention Program](http://www.vcchdp.org/) at <http://www.vcchdp.org/>.

Child Health and Disability Prevention (CHDP) Program



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