

# CHDP Highlights

Ventura County Public Health Child Health and Disability Prevention Program

## Help children grow by identifying developmental problems early



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**1 out of 6 children** has a developmental disorder and/or behavioral problem that affects school readiness. Failure to identify children with developmental delays before school age may lead to poor speech, growth, and school readiness as well as long-term problems such as school failure and adverse adult health outcomes.

CHDP health care providers assess for developmental delays or problems at each well-child visit. CHDP and the American Academy of Pediatrics highly recommend that an evidence-based

screening tool be used to screen children up to 30 months of age. Acceptable tools include Ages and Stages Questionnaire (ASQ) and the Parent’s Evaluation of Developmental Status (PEDS). Any problems identified during the developmental assessment are then followed up by referral to the appropriate agency.

**CHDP Provider Information Notice No.: 09-14**

describes requirements for screening, referral, treatment and follow-up.

At a minimum, screen for:

1. **Gross motor development**
2. **Fine motor development**
3. **Language development and communication skills**
4. **Social-emotional development**
5. **Cognitive skills**

*Appendix A* describes available screening tools. Read more at: [www.dhcs.ca.gov/services/chdp/Documents/Letters/chdppin0914.pdf](http://www.dhcs.ca.gov/services/chdp/Documents/Letters/chdppin0914.pdf).

With funding from **First 5 Ventura County**, [Help Me Grow Ventura County](http://www.helpmegrowvc.org/) was established to support and improve developmental screening techniques throughout medical practices in Ventura County. This physician outreach program provides training on developmental screening tools, information on making referrals, and no cost screening materials to eligible clinics. To learn more, contact Shar Busch at 805-981-5295 or visit <http://www.helpmegrowvc.org/>.

**SAVE THE DATES!**

**CHDP Noontime  
In-service Trainings**

**Friday, May 29, 2015**

**Audiometric Screening  
Workshop  
(flyer attached)**

**Wednesday, June 17, 2015**

**How to Weigh and Measure  
Children Accurately for the  
CHDP Well-Child Exam**

**Watch for more information**

**July 2015**

**Summer break — no training**

## How do tongue-tie and lip-tie affect breastfeeding?

Two commonly overlooked contributors to infant feeding problems are ankyloglossia (“tongue-tie”) and maxillary lip-tie, in which the tongue and/or the upper lip are tightly tethered to the floor of the mouth or upper gum line. These conditions can make it difficult or impossible to use the tongue or lip in a way that is required to effectively breastfeed (or sometimes, even bottle feed).

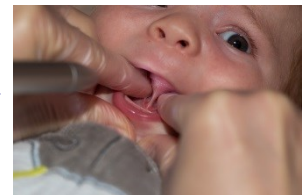


Photo courtesy Melissa Cole, IBCLC, RLC

Symptoms of tongue- or lip-tie include persistent sore nipples (though not always), long feedings, difficulty gaining weight, trouble latching and excessive air intake during feeding. Tongue-tie does not always appear as a “heart-shaped tongue”; a variation commonly referred to as “posterior tongue-tie” is often not immediately visible, but can be palpated behind the floor of the mouth.

Primary care providers and lactation counselors are in a critical position to help identify and resolve tongue- and lip-tie that is interfering with maternal and infant well-being. If dyads are experiencing symptoms, a thorough assessment should be made by a lactation consultant (IBCLC). If a tie is suspected, a referral to an ENT, pediatric dentist or other specialist can be made to confirm diagnosis, and a frenotomy performed. This combined with appropriate follow-up by the lactation consultant can save a breastfeeding relationship, as well as prevent future speech and dental issues.

Learn more about research supporting frenotomy on the [Breastfeeding Coalition of Ventura County](http://breastfeedventura.org) website <http://breastfeedventura.org>. From the **Healthcare Providers** tab, select **Resources for Providers** and choose **Tongue Tie/Lip Tie and Breastfeeding**. Check out the **Events** tab for upcoming educational conferences including a dinner seminar for physicians 10/8/15.

## CHDP Oral Health Fluoride Varnish Program at Westminster Free Clinic

With the help of 10 CSUCI BSN students, CHDP Oral Health personnel applied Fluoride Varnish to 48 children at the Westminster Free Clinic Easter Egg Hunt event on April 8. CHDP found this a great opportunity to educate parents and children on the importance of oral health, finding local dentists, and other dental resources. Children 12 years and younger were able to receive fluoride varnish and families were given toothbrushes to take home.



CHDP/Laura Crisostomo

The Westminster Free Clinic, driven and empowered by volunteers, serves the uninsured population in East Ventura County. The clinic offers basic non-invasive health care and addresses a broad spectrum of public health and health care issues including free patient care, prescriptions, resource and referral, advocacy, free legal services, bilingual counseling and dental screening services. Training opportunities are also offered for teens and college students. Physicians, nurses, other medical professionals, youth and community members volunteer their time at the clinic, which is held every Wednesday from 6:30 pm to 10:00 pm. Prospective volunteers may contact the clinic at (805) 241-8366.

## Congratulations to 2015 Oral Health Award recipients!



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The CHDP Oral Health Program visits medical clinics to promote oral health screening and education as well as fluoride varnish application to eligible children. The program also monitors improvement in the number of fluoride varnish applications, clear and complete documentation and timely log submission. We are pleased to announce the following awards for 2015:

*CHDP Oral Health and Fluoride Varnish Provider of the Year:*

**Anagha Suresh, MD, CDCR North Oxnard Pediatrics**

*CHDP Oral Health and Fluoride Varnish Clinic of the Year:*

**Clinic of Victor Lin, MD, Oxnard**

Many congratulations to recipients of individual Oral Health Awards at each participating clinic:

<b>Mayra Magana Carranza</b> <i>Minh Bui, MD</i>	<b>Karrie Latimer</b> <i>J. Andrew Huang, MD/Gurjit Marwah, MD</i>
<b>Stephanie Medina</b> <i>Chun-Lang Cheng, MD</i>	<b>Clara Gonzalez</b> <i>Sam Hansuvadha, MD</i>
<b>Mayra Martinez</b> <i>CDCR El Rio</i>	<b>Lorena Ruiz</b> <i>VCMC Conejo</i>
<b>Karla Felix</b> <i>CDCR Fillmore</i>	<b>Liz Aragon</b> <i>VCMC Fillmore</i>
<b>Selene Rodriguez</b> <i>CDCR Maravilla</i>	<b>Jasmine Castro</b> <i>VCMC Las Islas</i>
<b>Bridget Lomeli</b> <i>CDCR Moorpark</i>	<b>Adriana Garcia</b> <i>VCMC Las Posas</i>
<b>Estefany Pradilla</b> <i>CDCR Newbury Park</i>	<b>Adriana Fratella</b> <i>VCMC Magnolia</i>
<b>Araceli Zavala</b> <i>CDCR North Oxnard</i>	<b>Blanca De Alba</b> <i>VCMC Mandalay Bay</i>
<b>Irma Salgado</b> <i>CDCR N Oxn Pediatrics</i>	<b>Josie Franklin</b> <i>VCMC Pediatric Diagnostic Center</i>
<b>Silvia Mendoza</b> <i>CDCR Santa Paula</i>	<b>Laura Rodriguez</b> <i>VCMC SP Hospital Clinic</i>
<b>Gloria Fernandez</b> <i>CDCR Ocean View</i>	<b>Johnny Rodriguez</b> <i>VCMC SP Medical Clinic (Main)</i>
<b>Maria Alvarado</b> <i>CMH Fillmore</i>	<b>Daysi Navarro</b> <i>VCMC SP West Medical Group (Harvard)</i>
<b>Erica Ruiz</b> <i>CMH Oak View</i>	<b>Elida Juarez</b> <i>VCMC Sierra Vista</i>
<b>Leslie Zavala</b> <i>CMH Port Hueneme</i>	<b>Mayra Navarro</b> <i>VCMC West Ventura</i>
<b>Maria Rodriguez</b> <i>CMH Santa Paula</i>	<b>Maria Melgarejo</b> <i>Victor Lin, MD</i>
<b>Reina Azpera</b> <i>CMH Saviers</i>	<b>Myrna Vallarta</b> <i>VCPH South Oxnard</i>

### PM 160 TIPS Comments/ Problems for Oral Health

Enter identified oral problems and items that need clarification, such as:

List **diagnosis** made and enter related **ICD-9 code** in Diagnosis Codes field.

Identify class of **dental problem**:

- Class I = no visible dental problem
- Class II = small carious lesions and/or gingivitis (requires referral)
- Class III = large carious lesions, abscess, extensive gingivitis or history of pain (requires urgent referral)
- Class IV = Acute injury, oral infection, or other painful condition (requires immediate referral)

Identify whether **patient age 1 year or above is receiving dental care**

### Child Health and Disability Prevention (CHDP) Program



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