



CHDP HIGHLIGHTS

Ventura County Public Health
Child Health and Disability Prevention Program

August 2020 | Quarterly Newsletter

A Message to Our CHDP Health Care Providers

We hope this newsletter finds you all well. The current and ongoing COVID-19 environment has made a big impact on how we have been, and now need to continue to conduct some, if not all, of our CHDP activities. Our program staff are preparing and working to adapt virtual methods such as using Microsoft Teams. Additionally, other adaptive approaches like the use of skill check attestation forms may be utilized after some in-services. Virtual and adaptive method details will be communicated as we continue coordinating re/certifications or offering in-services and trainings.

Please understand that we remain fully committed to:

- Enrolling new CHDP providers and clinics
- Recertifying providers that are due for recertification
- Providing new CHDP provider/staff orientation
- Providing trainings and noontime in-services
- Providing certification/recertification trainings for Audiometric and Vision screening
- Continuing to be your program resource for Pediatric care

We truly appreciate your understanding and patience as we navigate these alternative ways of conducting CHDP program activities. If you have any questions, please do not hesitate to call CHDP Administration at (805) 981-5291 or contact your assigned CHDP Nurse Consultant. For local information on COVID-19, visit www.venturacountyrecovers.org.

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Upcoming Training



August 19, 2020

Weighing, Measuring and BMI Percentile

Virtual Noontime In-Service

Register online at: <https://bit.ly/3hg9cMO>



VENTURA COUNTY
PUBLIC HEALTH
A Department of Ventura County Health Care Agency

ACEs Aware Ventura County

Screening for ACEs – Part II

By Help Me Grow Ventura County

Screening for Adverse Childhood Experiences (ACEs)

High doses of adversity and toxic stress have been known to lead to physical, mental, and behavioral health concerns.¹ For children, chronic stressors have been associated with sleep disruption, developmental delay, asthma, headache, abdominal pain, and difficulties with learning and behavior, to name just a few.^{2,3} Now more than ever, it is important to screen for ACEs in the primary care setting to identify, treat, and heal children at risk.



As noted in *CHDP Highlights- February 2020*, the Department of Health Care Services and the Office of the Surgeon General, rolled out a state-wide ACEs Aware initiative to provide information and training on implementing ACEs screening. Qualified Medi-Cal providers are now eligible for a \$29 payment for the completion of an ACEs screening for members enrolled in Medi-Cal (restrictions apply).

Training Phase 1: ACEs Aware Online Training

As of July 1, 2020, Medi-Cal providers must complete a free, 2-hour online training and self-attest to completion to receive payment for screening. For details and requirements, please visit www.acesaware.org.

Training Phase 2: ACEs Aware Ventura County

In June 2020, the Landon Pediatric Foundation received a grant from ACEs Aware to provide additional training to providers in Ventura County. Through this funding, the Landon Pediatric Foundation launched the ACEs Aware Ventura County training initiative in partnership with the American Academy of Pediatrics-Chapter 2, the Ventura County Health Care Agency, and First 5 Ventura County (Help Me Grow Ventura County). In the coming months, ACEs Aware VC will launch a training program and website for local providers to support the implementation of screening for ACEs. The training program will include a state-approved online curriculum, combined lecture and interactive discussion, with three CME/MOC hours provided as well as offer information about community resources and referrals.

For training information and technical assistance, please contact:

ACEs Aware Ventura- acesaware@ventura.org
 CHDP- (805) 981-5291 or CHDPadministration@ventura.org
 Help Me Grow VC- helpmegrow@first5ventura.org

References:

1. Felitti, V.J. et al. (1998). *Relationship of Childhood Abuse and Household Dysfunction to Many of the Leading Causes of Death in Adults*. American Journal of Preventive Medicine. 14 (4); 245-258.
2. Johnson, S.B. et al. (2013). *The Science of Early Life Toxic Stress for Pediatric Practice and Advocacy*. Pediatrics. 131 (2); 319-327.
3. Shonkoff, J.P. et al. (2012). *The Lifelong Effects of Early Childhood Adversity and Toxic Stress*. Pediatrics. 129: e232-246.

Suicide Prevention Letter to Providers

The Directors of Health Care Services and Public Health and the Surgeon General collaborated to write a [letter to all California medical and behavioral health providers](https://bit.ly/39Qj2CF) (<https://bit.ly/39Qj2CF>), encouraging them to ask the four “Ask Suicide-Screening Questions (ASQ)” developed by the National Institute on Mental Health (NIMH). The letter gives simple instructions and resources about what to do if you identify someone who is at risk. You can’t help if you don’t ask – and if you ask, you could help someone get the help they need.

The set of four screening questions in the ASQ takes 20 seconds to identify people at risk of suicide. In a NIMH study, a “yes” response to one or more of the questions identified 97% of youth aged 10 to 21 at risk of suicide:

1. In the past few weeks, have you wished you were dead?
2. In the past few weeks, have you felt that you or your family would be better off if you were dead?
3. In the past week, have you been having thoughts about killing yourself?
4. Have you ever tried to kill yourself?

Screening for risk of suicide can save an individual’s life. When you ask, there are tools and resources available to help people get the care they need.

Resources:

- [Ask Suicide-Screening Questions Toolkit](https://bit.ly/2CKAWdR) (<https://bit.ly/2CKAWdR>)
- [ACEs Aware](http://www.acesaware.org) (www.acesaware.org)
- [California Surgeon General’s Playbook: Stress Relief during COVID-19](https://bit.ly/2ONSSqk) (<https://bit.ly/2ONSSqk>)
- [COVID-19 Counseling Website](http://www.covid19counselingca.org) (www.covid19counselingca.org)
- [COVID-19 Emotional Support Hotlines](https://bit.ly/2WQk5go) (<https://bit.ly/2WQk5go>)
- [Ventura County Behavioral Health](https://vcbh.org/en/) (<https://vcbh.org/en/>)
- [Zero Suicide Model](https://bit.ly/2WQTqjx) (<https://bit.ly/2WQTqjx>)

Coming Soon: Arroyo Verde Park Inclusive Playground!

We are pleased to announce that the City of Ventura and Ventura Community Partners Foundation has spearheaded a fundraising effort to rebuild the Arroyo Verde Park playground. The new play area will be an inclusive playground for all children including those with disabilities. Jamie Amburgey, DPT, and Cindy Tokar, PT, with California Children’s Services have been instrumental in bringing the need for an inclusive playground to the attention of the City of Ventura Parks and Recreation Commission. The grand opening is tentatively planned for late fall 2020.

For the latest updates on the completion of the project, how to donate, or to view the park design plans, visit <https://www.venturafoundation.org/projects>.



ARROYO VERDE PARK | Building a Playground for ALL!



Help us build a playground where children of all abilities can play together. www.venturafoundation.org

DONATE TODAY

COMING IN 2020!

National Lead Poisoning Prevention Week

The 2020 Childhood Lead Poisoning Prevention Week is October 25-31.

The Ventura County Childhood Lead Poisoning Prevention Program (CLPPP) is looking forward to promoting this year’s theme: “Even small amounts of lead can harm a child’s health. Ask your child’s doctor about a blood lead test.”

In California, children can be exposed to lead by ingesting lead contaminated dust, paint chips from deteriorating lead-based paint, and lead-contaminated soil. Other sources of lead poisoning include lead dust brought home on parents' work clothes, certain imported ceramic pottery, painted objects, traditional home remedies, traditional cosmetics, and imported spices. Lead poisoning can seriously affect a child’s brain and nervous system, which can cause learning and behavioral problems. A blood lead test is the only way to identify lead poisoning in children.



(CLPPB, 2019)

Our CLPPP staff will be raising awareness for lead poisoning prevention through our social media platforms and conducting virtual presentations to families and health care partners. Plan to join the virtual noontime Childhood Lead Poisoning Prevention in-service on October 21, 2020. Please call the Ventura County CLPPP, at (805) 981-5291 if you have any questions.

Boy Scouts of America Recalls Cub Scout Activity Pins Due to Violation of the Federal Lead Content Ban

Date: July 1, 2020

Boy Scouts of America recalled the product shown below, sold at Boy Scouts of America retail stores and authorized distributors nationwide and online from April 2016 through January 2020. Consumer Product Safety Commission Latest Recalls lists recent product recalls at <https://www.cpsc.gov/Recalls>. Search with the keyword “lead” or call 1-800-638-2772 for more information.

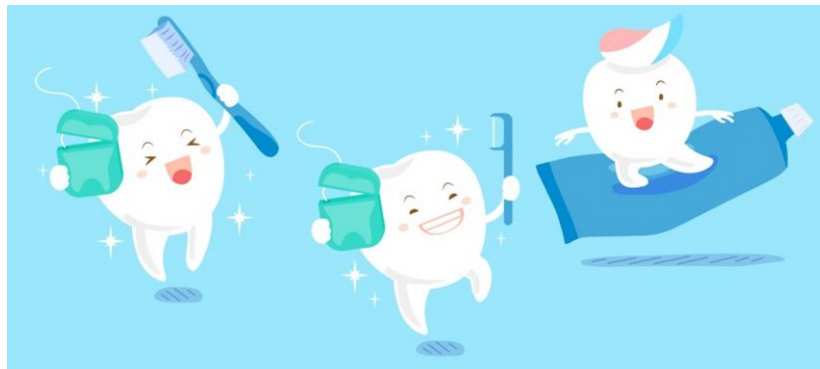


Recalled Cub Scout outdoor activity pin
(U.S. CPSC, 2020)

COVID-19 and Dental Services
By Ventura County Oral Health Program

During these challenging times, just as it is important to keep on track with medical visits for annual physicals, immunizations and care for chronic diseases, it is equally important to maintain routine oral health care. As an essential service, dental offices have remained open during this pandemic to help reduce the number of individuals going to the hospital for emergency dental care. Current dental services include appointments for dental emergencies, dental care that was previously postponed, conditions that are likely to lead to dental emergencies and preventative care.

As with all health services, it is important to contact the dental office first to provide them with details of dental care needs and to receive instructions on appointment protocols. To access a referral list of local dental providers, Medi-Cal members can visit www.smilecalifornia.org or www.sonriecalifornia.org or for those that have private insurance they can directly contact their insurance carrier. For free/low-cost resources and/or health care coverage programs in the county visit www.vchca.org/oralhealth. It is also important to maintain routine oral hygiene care at home that includes flossing daily, brushing teeth 2 times a day for 2 minutes, eating healthy and drinking water with fluoride throughout the day.



(VC Oral Health Program, 2020)

We value your feedback!

Scan the QR code below or search: <http://bit.ly/CHDPfeedback>



Don't forget to check out our website at www.vchca.org/chdp, for additional provider resources about the following:

- Child Health & Disability Prevention (CHDP)
- Childhood Lead Poisoning Prevention Program (CLPPP)
- Childhood Oral Health Program
- Health Care Program for Children in Foster Care (HCPCFC)
- Breastfeeding Resources
- Developmental Screening

