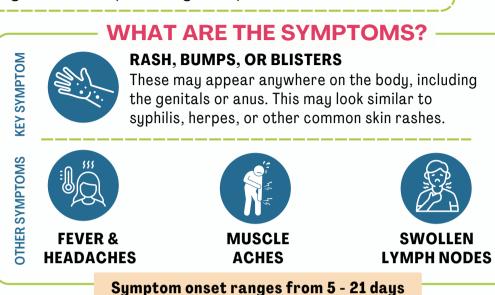
WHAT PEOPLE WHO ARE SEXUALLY **MONKEY POX** ACTIVE NEED TO KNOW ABOUT



Having **multiple or anonymous sex partners** may increase your chances for exposure to monkeypox. Limiting your number of sex partners may reduce the possibility of exposure.

WHAT IS MONKEYPOX?

Monkeypox is a rare disease cause by the monkeypox virus. It can cause a rash which may look like pimples or blisters, sometimes with a flu-like illness.



HOW IS MONKEYPOX SPREAD?

Monkeypox can spread to anyone through close, personal, often skin-to-skin contact including:

- Direct contact with monkeypox rash, scabs, or body fluids from a person who has monkeypox.
- Touching objects, fabrics (clothing, bedding, or towels), and surfaces that have been used by someone who has monkeypox.
- Contact with respiratory secretions.



This exposure can happen during intimate contact including:

- Oral, anal, and vaginal sex or touching the genitals (penis, testicles, labia, and vagina) or anus (butthole) of a person who has monkeypox.
- Hugging, massage, and kissing.
- Prolonged face-to-face contact.
- Touching fabrics and objects during sex that were used by a person with monkeypox and that have not been disinfected, such as bedding, towels, and sex toys.

If you have a new or unexplained rash or other symptoms ...

- Avoid sex or being intimate with anyone until you have been checked out by a health care provider.
- If you don't have a health care provider, visit <u>https://vchca.org/agency-</u> <u>divisions/ambulatory-care</u> to find a one near you.



If you or your partner have monkeypox ...

- Follow the treatment and prevention recommendations of your health care provider.
- Avoid sex or being intimate with anyone until the rash has healed, scabs have fallen off and you have a fresh layer of skin.

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For more information, visit www.vchca.org/ph



